

Greater Vancouver Intergroup Special Edition Newsletter

Pass It On . . .

Hello Greater Vancouver Intergroup fellowship and friends!

We have put together a list of all the upcoming celebration meetings in our Service Zones that we have been made aware of. They can be found in the following pages of this publication. Please check the website at: <https://www.vancouveraa.ca/events/> as we get new listings daily.

We are aware at Central Office that many of you have been wanting our monthly newsletter to start back up. Good news—it will! Starting in January of 2024 we will go back to producing it monthly. It will be electronically mailed to persons on our electronic newsletter list. Hard copies may be obtained by coming into Central Office at 3457 Kingsway in Vancouver.

Coming up this weekend is the Volunteer Appreciation Day put on by our Telephone Committee. It is for all members who have done service this year or in years past. We want to let you know we appreciate your service. It is also one of the few times every year that Area 79 BC Yukon, kindly opens the archives for tours. So, if you are interested in the history of AA in Vancouver, come and visit us on **Saturday, December 9th** from 11am till 3pm. We would love to see you and have you sign our wall!

Our Intergroup Committee has been hard at work this term. Our Operating Committee chairperson, Jasmine, is getting familiar with their position, we all know what

that means! Elections for our 2024-25 term are coming up. The elections will be held on **Tuesday, February 20, 2024** at our regularly scheduled monthly Intergroup Committee meeting. There will be an information session on **Saturday, February 3, 2024**, for anyone who is considering serving next. If you have questions or are interested, you can email Jasmin at givschair@vancouveraa.ca.

At the last Intergroup meeting we discussed that our Sober Birthday card stock is running low. We decided to ask the fellowship do we want a new design or do we wish to stick with the old one? How about one of each? We are asking members to submit art work for a new design. Sent it to staff@vancouveraa.ca and the IG committee will vote on them and then we will start producing them in house.

So far, year to day we have not met our budgeted contributions, as of the end of October we were **\$(18,927)** under budget for contributions. Next year we hope to do better.

On a final note, we would like to send out our gratitude to all the groups and members who have contributed to Central Office/ Intergroup this year. Some of you it was through service, some it was through buying literature and some it was through a financial contribution. Every bit counts. Please everyone have a safe and serene holiday season! There are many activities to help us stay sober and unified this year!

Central Office Hours:

- Mon.- Fri.: 9:30AM to 6:30PM
- Sat.- Sun.: 9:30AM to 1:00PM
3457 Kingsway, Vancouver, BC, V5R 5L5
- Phone Lines: **24/7**

Office will be closed on statutory holidays.

Intergroup Meeting:

- Orientation for new Reps at 7:00PM .
- Intergroup meeting at 7:30PM.
3457 Kingsway, Vancouver, BC or online @
meeting id: 604 434 3933 password GVIS

Next mtg: Tuesday, Dec. 19, 2023

All members are welcome!

HOLIDAY EVENTS

For a complete listing, check: www.vancouveraa.ca under events

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 *Line up extra A.A. activities for the holiday season.* Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 *Be host to A.A. friends, especially newcomers.* If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 *Keep your A.A. telephone list with you all the time.* If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 *Find out about the special holiday parties, meetings, or other celebrations*

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 *Skip any drinking occasion you are nervous about.* Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 *If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.*



7 *Don't think you have to stay late.* Plan in advance an "important date" you have to keep.



8 *Worship in your own way.*



9 *Don't sit around brooding.* Catch up on those books, museums, walks, and letters.



10 *Don't start now getting worked up about all those holiday temptations.* Remember—"one day at a time."



11 *Enjoy the true beauty of holiday love and joy.* Maybe you cannot give material gifts—but this year, you can give love.



12 *"Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.*

HOLIDAY EVENTS

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Tue., December 5 @ 6:00 pm - 9:00 pm

[HOPE GROUP: Potluck](#)

Hope Reformed Church 900 E. 19th Ave., Vancouver

Sat., December 9 @ 11:00 am - 3:00 pm

[Vancouver Intergroup Telephone Committee Volunteer Gratitude Event](#)

GVIS Central Office 3457 Kingsway, Vancouver

Come and let us show our gratitude! Come and tour the Area 79 BC/Yukon archives, check out your homegroup's history.

Sun., December 10 @ 8:00 pm - 10:00 pm

[FRASER VALLEY YOUNG PEOPLE: 69th Anniversary Gratitude Dinner](#)

Saint Aidan's Presbyterian Church 1320 7th Ave, New Westminster,

Tue., December 12 @ 7:00 pm - 9:00 pm

[DEEP COVE: Gratitude Meeting!](#)

Parkgate Community Centre 3625 Banff Crt., North Vancouver

Wed., December 13 @ 8:00 pm - 10:00 pm

[CENTRE GROUP: Christmas Party](#)

St. Aidan's Church 1320 7th Ave., New Westminster,

Sober celebration and recovery meeting! Turkey and ham dinner.

Wed., December 13 @ 8:00 pm - 10:00 pm

[KERRISDALE A2: Cookie Exchange and Christmas Message](#)

Holy Trinity Church 1440 W. 12th Ave.

Sober Christmas Party & Cookie Exchange!! Hot chocolate! Bring your sweets—and take some home with you. Annual Christmas message.

Thu., December 14 @ 7:00 pm - 8:30 pm

[TRADITION 3: HOLIDAY MEETINGS](#)

Grace Community Church 14618 110 Ave, Surrey

Join us for a holiday celebration and food before our regular 8 pm meeting. Potluck meal.

Fri., December 15 @ 7:30 pm - 9:30 pm

[HARMONY: Holiday Dinner!](#)

St. James Community Square 3214 W 10th Ave, Vancouver

Sat., December 16 @ 12:00 pm - 3:30 pm

[DAILY REFLECTIONS: Christmas Potluck and Meeting](#)

The Masonic Hall 15302 Pacific Avenue, White Rock

Sober Christmas Celebration!

Sun., December 17 @ 8:00 pm - 10:00 pm

[RENFREW GROUP: Holiday Celebration Potluck!](#)

Long House 2595 Franklin St., Vancouver

Tue., December 19 @ 8:00 pm - 10:00 pm

[LOUGHEED SPEAKER GROUP: Holiday Meeting](#)

New Life Community Church 8765 Government St., Burnaby

Tel: (604) 434-3933 Email: staff@vancouveraa.ca Web: vancouveraa.ca

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Wed., December 20 @ 7:00 pm - 9:00 pm

[FALCON DRIVE DISCUSSION: Holiday Party](#)

King of Lutheran Church 1198 Falcon Dr, Coquitlam

Sober Holiday party! Hot chocolate and festive treats.

Fri., December 22 @ 6:30 pm - 9:30 pm

[KING ALBERT SERENITY: Holiday Meeting](#)

Calvary Baptist Church 1636 Regan Av, Coquitlam

Fri., December 22 @ 8:00 pm - 10:00 pm

[FRIDAY NIGHT BLUE CARD GRP: Christmas Potluck](#)

3151 York St. 3151 York St., Port Coquitlam

Fri., December 22 @ 8:30 pm - 10:00 pm

[KINGSWAY GROUP: Holiday Celebration](#)

Killarney Community Lutheran Church 3022 East 49th, Vancouver,

Sun., December 24 @ 11:00 pm - December 25 @ 12:00 am

[Christmas Eve Meeting](#)

North Shore Alano Club 176 E. 2nd St., North Vancouver

Sun., December 31 @ 8:00 pm - 11:00 pm

[FELLOWSHIP OF THE SPIRIT: Holiday Meeting](#)

St. James Community Square 3214 W 10th Ave, Vancouver

January 2024

Mon., January 1, 2024 @ 1:00 pm - 4:00 pm

[The Old-timers Meeting](#)

North Shore Alano Club 176 E. 2nd St., North Vancouver

Sun., January 7, 2024 @ 7:00 pm - 9:00 pm

[AS BILL SEES IT: Holiday Potluck!](#)

St. Francis Catholic Church 2025 Napier Street, Vancouver

Thu., January 18, 2024 @ 7:30 pm - 10:00 pm

[LIFELINE: New Years Party!](#)

Pacific Spirit United Church Memorial Building 2195 W. 45th Ave, Vancouver