Greater Vancouver Intergroup Monthly A.A. Newsletter





Subject: Spice Up Your Sobriety With Service.

Hello, Greater Vancouver, Intergroup Committee members:

Greater Vancouver Intergroup functions based on the group conscience of all the groups within Burnaby, Coquitlam, Delta, Ladner, Madeira Park, Maple Ridge, New Westminster, North Vancouver, Pitt Meadows, Port Coquitlam, Port Moody, Richmond, Surrey, Tsawwassen, Vancouver, West Vancouver, and White Rock. Greater Vancouver Intergroup/ Central Office exists to serve groups within these locations. We are a separate service entity from the General Service Office in New York which services all of Canada and the United States. We concentrate on providing Twelve Step services to our local service zones.

Intergroup is therefore member run and managed. Therefore, in the spirit of rotation, and for the purpose of a rounded group conscience, each year we rotate our service members. We need capable and motivated members to step up each year and serve.

The election for members of the 2024-25 Operating Committee (OC) is taking place at the Intergroup meeting of Tuesday, February 20th, 2024, at 7:30pm. It may be attended in-person or online, as per group conscience.

The term is for one year, and to be eligible to stand the following requirements are suggested:

- · Two years of continuous sobriety
- Having served one year as Intergroup Representative, and/or
- Having served one year on one of the Intergroup's outreach subcommittees (Accessibility, C.P.C., Correction Facilities, P.I., Telephone or Treatment)

The service position of Operating Committee is to manage the operations of Intergroup and to ensure it is serving Alcoholics Anonymous' primary purpose. The Committee requires ten members. The OC member is required to attend the monthly OC meeting, the monthly IG meeting (3rd Tuesday of each month), being a liaison at at-least one subcommittee and the occasional other Intergroup event.

Serving on the Operating Committee is a great way to enhance your sobriety. Dr. Bob said it well, when he said serving A.A. was a way of paying back what was given to him. In turn he found pleasure in doing it. Many of our past OC members will tell you they enjoyed it.

Please pass along this message to your group members, perhaps nudge someone who you feel would be best suited for the position or consider standing yourself! Hope to see you on Tuesday, February 20th, 2024, for the elections! Visit our website, www.vancouveraa.ca for meeting details and more information.

Thank you for your continued service to Greater Vancouver Intergroup and A.A. as a whole!

Contact Us:

3457 Kingsway, Vancouver, BC, V5R 5L5

Telephone: 604-758-7827, Email: staff@vancouveraa.ca, Website: www.vancouveraa.ca



POSITIONS ON THE GVIS OPERATING COMMITTEE

Eligibility: You must have served on the Intergroup Committee—as a GVIS Rep or an Outreach Committee Chair.

It is suggested you have served a full year and have two years of continuous sobriety. Commitment: These are positions of responsibility. Serving on the Operating Committee is a minimum one year commitment requiring attendance at no less than three meetings per month.

WANT TO KNOW MORE? Contact the current chair, Jasmin at GVISChair@vancouveraa.ca

INTERGROUP REPRESENTATIVE TO VOTE

ATLAN Groups served by the Greater Vancouver Intergroup are encouraged to elect and send an

They along with the Operating Committee and the Outreach Committee Chairs, will make up the Intergroup Committee

tond your fign to ensure your Group has a voice on how best to serve the local groups and carry the message. When? The Intergroup Committee meets

Online Meeting ID. 604 434 3933
Password: GVIS
and
In-person at Central Office,
3457 Kingsway, Vancouver

We will be holding an information session on Saturday February 3, 2024, at Central Office.

Election Information Session will be held Saturday, Feb. 3rd, 2024 at 1pm at Central Office and online. Our chairperson, Jasmin will have persons who have held the positions in the past and present provide their experience and knowledge in this area of service. Pizza and fellowship will also be shared.

The Intergroup Committee took a group conscience to consider a different image for our sobriety milestone cards that are sold at our bookstore. The original will not be retired! Rather a choice will be offered.

> The submitted images will be voted upon by the IG committee. Email designs to qvisbookstore@vancouveraa.ca



Intergroup Meeting:

Mon.- Fri.: 9:30AM to 6:30PM

Central Office Hours:

- Sat.- Sun.: 9:30AM to 1:00PM 3457 Kingsway, Vancouver, BC, V5R 5L5
- Phone Lines: 24/7

Office will be closed on Dec. 25, 26, 2023 & Jan. 1, 2024. Phone lines will still operate.

- Orientation for new Reps at 7:00PM.
- Intergroup meeting at 7:30PM. 3457 Kingsway, Vancouver, BC V5S 1K9 Meeting ID: 604 434 3933 PW: GVIS
- Tuesday, Jan. 16, 2024:

All members are welcome!

Tel: (604) 434•3933 Email: staff@vancouveraa.ca Web: vancouveraa.ca

Intergroup Page: Unity, Service, & Recovery

Sub-Committees:

The purpose of every outreach subcommittee is to assist the Intergroup Committee in carrying out the primary purpose of Alcoholics Anonymous as expressed in Tradition 5. Each outreach subcommittee is therefore assigned a particular area of responsibility.

Reprinted from Intergroup Operating Procedures and Guidelines 2018 with permission.

Accessibility: accessibilities@vancouveraa.ca

We spoke about upgrading the central office washroom. We have the landlord's approval to do this. We will provide a budget for how much this may cost in the new year. The fellowship would of course need to approve the funding for such a project.

We currently have no updates regarding bathroom upgrades at central office. We hope to have an estimate ready by end of January.

Hard copies of the questionnaire have been printed out and are currently being handed out to groups by members. Thank you to all those helping

Continue to attend locations where meetings occur and try to answer the accessibility audit for those groups we have not heard from.

Staff is working on updating the list of homegroups that are wheelchair accessible

Anyone interested in joining the committee or helping with the audit please contact us or show up at next meeting.

Co-operation with Professional Community: cpc@vancouveraa.ca

We are working on outreach to the hospitality industry. We recently did talks at schools in Burnaby and Coquitlam and are always prepared to go when asked. We are working on presentation materials and format for non-A.A. outreach events.

We are doing preliminary work regarding media and anonymity education to coincide the up-coming 2025 International Convention being held in Vancouver. Continue to work with local libraries to assure our literature is available.

Corrections: corrections@vancouveraa.ca.

The woman facilities require 2 years of sobriety. The men's facilities have a 2 year sobriety suggestion.

We are looking for a volunteer to be the next Chair Person (voting is in February) Mauro would like to take the time to train someone to either take over my position and /or partner up with me. The Corrections Literature Roundup has completed their 2023 duties and will start up again around June of 2024.

Public Information: public.info@vancouveraa.ca.

We are presently meeting with the CPC committee and combing our outreach.

Telephone: telephones@vancouveraa.ca.

 Telephone Workshops are on the 3rd Saturday of each month starting at 10:00 am, the next Workshops will be held online January 20th

Meeting ID: 604 800 5760, password: Service

- Our next Telephone Subcommittee meeting will be held on January 9th at 7:00 pm
- Training/orientation available at 6:45 pm Meeting ID: 604 800 5760, password: Service
- Group shifts available on the 9th, 15th, 26th, and 30th days of the month.
- Many in office four hour shifts, Monday to Friday.

Treatment: treatmentchair@vancouveraa.ca

Is in need of members to assist with panels, meetings and Bridging the Gap. Please join us at our hybrid monthly meeting to join us.

Phone Room Stats:

| 2023 | SEPT | OCT | NOV |
|-------------------|------|-----|-----|
| Helpline | 474 | 425 | 509 |
| Staff | 227 | 187 | 194 |
| Answering Service | 40 | 28 | 24 |
| 12 Step Call | 10 | 4 | 10 |
| TOTALS | 751 | 644 | 737 |

Need more information about service positions? Call 604-434-3933, email: staff@vancouveraa.ca



or come by Central Office: 3457 Kingsway, Vancouver — you are always welcome!

Directory Updates December 2023

For a complete listing, check: www.vancouveraa.ca under meetings

Meeting Changes:

Sunday:

SOBER SUNDAY (Gibsons): Online Only - 9:00 AM

WHITE ROCK SUNDAY NIGHT BIG BOOK: Location Change,

Masonic Hall, 15302 Pacific Ave, White Rock - 7:30PM

TRUTH OR CONSEQUENCES: Online Only - 3:00PM

220 GROUP: Online Only - 8:00PM

Monday:

CARRY THE MESSAGE: Online Only - 8:00PM

GOLDEN KEY STEPS & TRADITIONS: Online Only - 8:00PM

Wednesday:

KITSUN WOMEN'S STEP MEETING: Online Only - 5:30PM

MEN'S MEETING: Online Only - 7:30PM

HARRIS ROAD NO SMOKE: Online Only - 8:00PM

Thursday:

KEYSTONE GRP: Online Only - 7:00PM

LIFELINE GROUP: Venue Change, Pacific Spirit Memorial

Centre, Van - 7:30PM

DAVIS BAY GROUP: Venue Change, Davis Bay Community

Hall 5123 Davis Bay Rd, Sechelt - 8:00PM

Saturday:

WHITE ROCK SATURDAY NIGHT: Online Only - 8:00PM

Discontinued Meetings: (all of 2023)

Sunday:

INTO ACTION: Deleted - 7:30PM

SUNDAY GRATITUDE: Deleted, Kinsman Hall 2175 Coquitlam

Ave, Port Coquitlam - 7:30PM

Monday:

THE STEP ONE EXPERIENCE: Deleted, 7277 King George

Boulevard -

MONDAY NIGHT BIG BOOK: Deleted, 7:30PM

BURNABY EVENING OWLS: Deleted, Burnaby Fellowship,

7638 6th St, Burnaby - 9:00PM

Tuesday:

WOMEN'S CANDLELIGHT: Deleted, 12145 Laity Street, Maple

Ridge - 7:00PM

DOWNTOWN: Deleted, Christ Church Cathedral, 690 Burrard

St, Vancouver - 12:15PM

Wednesday:

REFLECTIONS: Deleted, Royal Canadian Legion Branch 179,

2205 Commercial Dr, Van - 7:30PM

SLIPPERY SLOPE WEST: Deleted, Christ Church Cathedral,

690 Burrard St, Van - Noon

ALTERED ATTITUDES: Deleted - 7:30PM

BIG BOOK STUDY (Richmond): Deleted, Park House 5400

River Rd, Richmond - 8:00PM

RAW COURAGE: Deleted - 7:30PM

Thursday:

STRATHCONA MENS: Deleted, St. Philip's Anglican Church

3737 W 27th Ave, Van - 7:30PM

FENTIMAN GROUP: Deleted, Brighouse United Church, 8151

Bennett Road, Richmond - 8:00PM

Friday:

AS UR: Deleted, Star of the Sea, 15262 Pacific Ave, White Rock -

6:30PM

SOBRIFTY @ 7: Deleted - 7:00PM

Saturday:

RICHMOND SPEAKER MEETING: Deleted - 9:00PM

WAKE UP AND LIVE: Deleted, 613 Queens Ave, New West -

10:00AM

A NEW LIFE: Deleted - 7:30:PM

FROM STEPS TO PRINCIPLES: Deleted, Masonic Hall, 15302

Pacific Ave, White Rock - 7:30PM



Our next printed Meeting Directory will be printed for February of 2024. Central Office presently is printing every 3 months.



For group changes and deletions, please use the "GROUP/MTG UPDATE FORM" green button on the front page of the website. For each new group we require two contact members.



Upcoming Events

For a complete listing, check: www.vancouveraa.ca under events

Intergroup Events:

Saturday, February 3, 2024

GREATER VANCOUVER OC ELECTIONS WORKSHOP/ INFO SESSION:

1:00 pm - 3:00 pm - GVIS Central Office 3457 Kingsway, Van.

Meeting ID: 604 434 3933 Password: GVIS

RSVP Now select your pizza preference!

Saturday, March 17, 2024

INTEGROUP AWARENESS DAY: More info to come.

Events:

Friday, December 22

KING ALBERT SERENITY: Holiday Meeting:

6:30 pm - 9:30 pm

Calvary Baptist Church 1636 Regan Av, Coquitlam, BC

FRIDAY NIGHT BLUE CARD GRP: Christmas Potluck:

8:00 pm - 10:00 pm

3151 York St. 3151 York St., Port Coquitlam, BC

KINGSWAY GROUP: Holiday Celebration:

8:30 pm - 10:00 pm

Killarney Community Lutheran Church 3022 East

49th, Vancouver, BC

Saturday, December 23

Traditions Workshop:

10:00 am - 11:30 am

The Masonic Hall 15302 Pacific Avenue, White Rock, BC

Christmas Eve Meeting:

11:00 pm

North Shore Alano Club 176 E. 2nd St., North Van., BC

Saturday, December 30

Traditions Workshop:

10:00 am - 11:30 am

The Masonic Hall 15302 Pacific Avenue, White Rock, BC

Sunday, December 31

FELLOWSHIP OF THE SPIRIT: Holiday Meeting:

8:00 pm - 11:00 pm

St. James Community Square 3214 W 10th Ave, Van., BC.

Monday, January 1, 2024

The Old-timers Meeting:

1:00 pm - 4:00 pm

North Shore Alano Club 176 E. 2nd St., North Van, BC

Sunday, January 7, 2024

AS BILL SEES IT: Holiday Potluck!:

7:00 pm - 9:00 pm

St. Francis Catholic Church 2025 Napier Street, Van, BC

Thursday, January 18, 2024

LIFELINE: New Years Party!:

7:30 pm - 10:00 pm

Pacific Spirit United Church Memorial Building 2195

W. 45th Ave, Vancouver, BC

Saturday, January 20, 2024

Responsibility Workshop:

1:30 pm - 4:30 pm

Mount Olive Church 2350 148 St., Surrey, BC

Saturday, February 17, 2024

Heart to Heart "For The Love of Service":

10:00 am — midnight

Fleetwood Community Ctr. 15996 84th Ave, Surrey, BC

Want the Newsletter by Email?:

Sign up for our monthly E-newsletter.

Please visit <u>www.vancouveraa.ca.</u> and scroll to the bottom of the webpage to sign up.

Subcommittee Meeting Dates:

| 2024 | | Feb | |
|---------------------------------|------|------|--|
| Accessibilities @ 6:00PM | 2nd | 6th | |
| Corrections @ 6:30PM | 4th | 1st | |
| C.P.C. @ 7:00PM | 25th | 22nd | |
| Intergroup Meeting @ 7:30PM | 16th | 20th | |
| Intergroup Orientation @ 7:00PM | 16th | 20th | |
| Public Information @ 7:00PM | 25th | 22nd | |
| Telephone Committee Mtg 7:00PM | 9th | 13th | |
| Telephone Workshop 10AM | 20th | 17th | |
| Treatment @ 6:30PM | 8th | 12th | |
| Treatment Workshop @ 6:00PM | 8th | 12th | |
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All are held at Central Office and online (hybrid)