

MARCH 2020 Greater Vancouver Intergroup Monthly A.A. Newsletter

Pass it On . . .

Intergroup Awareness Day:

Our annual Intergroup Awareness Day will be taking place on Sunday, March 8th, 2020. The day is free for everyone to attend.

It is a great opportunity to come and meet your newly elected Operating Committee Members and to say thank you to the out-going Operating Committee Members who have served you well this past year.

As well the event is a great place to come and ask questions about any service opportunities you have questions about. Serving on a committee at your Intergroup level is always a great way to express your gratitude and become an active member of your local AA fellowship.

“A central office is an A.A. service office that involves partnership among groups in a community - just as A.A. groups themselves are partnerships of individuals. A central/intergroup office is established to carry out certain functions common to all the groups - functions which are best handled by a centralized office - and it is usually maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in the common purpose of carrying the A.A. message to the alcoholic who still suffers.” (*Reprinted from A.A. ® Guidelines: Central or Intergroup Office: MG-2 with permission of A.A. World Service, Inc.*)

Vancouver's intergroup/central office has been in existence since 1982. There have been a few changes over the years but the reason has always been the same. Central Office is where the telephone room is and where volunteers show up daily to do Twelve Step work. Join us to find out more about how you can be involved!

Central Office Hours:

- Mon.- Fri.: 8:00AM to 6:30PM
- Sat.- Sun.: 9:30AM to 1:00PM
3457 Kingsway, Vancouver, BC, V5R 5L5
- Phone Lines: 24/7

Office will be closed on Friday, April 10, 2020

Where to Send Contributions:

A question frequently asked of us at Central Office is where do I send my contributions? The following is a suggested guideline of how to divide your group's donations and where to send them:

- 50% Vancouver Intergroup Office
3457 Kingsway, Vancouver, V5R 5L5
Make cheques payable to: Greater Vancouver Intergroup Society. Accept cash, debit & credit.
- 25% General Service Office
PO Box 459; Grand Central Station, New York, NY 10163-0459
Make cheque payable to: General Service Office
- 15% BC Yukon Area 79
PO Box 42114, Vancouver, V5S 4R5
- 10% To your Local District: Have your GSR bring this cheque to the monthly district meeting.

Tradition Three:

The only requirement for AA membership is a desire to stop drinking.

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Discussion Questions:

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education or other such things interfere with my carrying the message?

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Intergroup Meeting:

- Orientation for new Reps at 7:00PM .
- Intergroup meeting at 7:30PM.
3022 E 49th Ave, Vancouver, BC V5S 1K9
- **Next meeting:** March 17, 2020

All members are welcome!

Tel: (604) 434-3933 Email: staff@vancouveraa.ca Web: vancouveraa.ca

Intergroup Page: Unity, Service, & Recovery

Sub-Committees: continued

For more info contact: cpc@vancouveraa.ca

Corrections: Intergroup takes care of Provincial Institutions. They meet the first Friday of every month. Join them. For more info contact Cathy L. at corrections@vancouveraa.ca.

Detox: Surrey Creekside is in need of somebody to do a detox panel every second Monday. We meet every second Saturday of the month. For more info contact Serena at detox@vancouveraa.ca.

Hospitals: The Hospital committee is presently working diligently on the theatrical performance that will be performed at the upcoming Intergroup Awareness Day slated for Sunday, March 8th and we could use volunteers for: Director's assistant, stunt coordinator, special effects leader, sound technician, make-up effects artist, set designer, and costume assistant. Additionally, we need people to chair Thursday night meetings at the George Pearson Hospital. Finally, the Hospital subcommittee Chair position will be available in April. If you are interested, or someone you know is interested in any of these opportunities, please contact Sean at: hospitals@vancouveraa.ca meeting: Central Office, March 19th, 2020 @ 7pm.

Public Information: Please join Chris and the committee every last Wednesday of the month to learn more about bringing our message of recovery out to the public sector. If you want to share your story in schools - please join us. For more info contact: public.info@vancouveraa.ca.

Telephone: We have **changed** our committee meetings to the second Tuesday of every month at 7:00PM. The workshop for new phone volunteers continues to be on the 3rd Saturday of every month at 11:00AM. For more info contact Liam at telephones@vancouveraa.ca.

Treatment: We hold both a workshop and our subcommittee meeting every 2nd Saturday of the month at 10AM and 11AM respectively. The Treatment Facilities Subcommittee encourages all active AA Service members in Treatment setting to come to the monthly subcommittee meeting and provide suggestions or feedback. Seeking individuals or groups that would be interested in taking regular Saturday 9am panel meeting to City Center Lodge. If interested please contact treatment@vancouveraa.ca

For info on any service position contact or drop in to Central office - you are always welcome.



Sub-Committees:

The purpose of every outreach subcommittee is to assist the Intergroup Committee in carrying out the primary purpose of Alcoholics Anonymous as expressed in Tradition 5. Each outreach subcommittee is therefore assigned a particular area of responsibility.

Reprinted from Intergroup Operating Procedures and Guidelines 2018 with permission.

Accessibility: We meet the first Thursday of every month and could use members. We have new green sign up forms in the phone room for members who need our services, please check them out. For more info, contact Lori at accessibilities@vancouveraa.ca.

Co-operation with Professional Community: We meet the last Wednesday of the month with public information.

Phone Room Stats:

	JAN	DEC	NOV
12 th Step Calls	36	79	41
Al-Anon	5	5	3
Answering Service	149	247	147
General	580	623	528
Total Calls	770	954	719

Directory Updates March 2020

For a complete listing, check: www.vancouveraa.ca under meetings

New Meetings:

Wednesday: STEP IT UP. Central Presbyterian, 1155 Thurlow St. Vancouver - 7:00PM

Meeting Changes:

Sunday: SERENE SUNDAY. One Way Club 22270 North Ave., Maple Ridge - 11:00AM, breakfast starts at 8:30AM

Monday: GARDEN VARIETY. 10810 272nd St. Maple Ridge - 7:30PM *new location*

Tuesday: BACK TO AA BASICS. St. Philips Anglican church, 3737 West 27th Ave., Vancouver - 7:30PM new start time Mar 3/20

Wednesday: FORTUNATE FEW. Gordon Presbyterian Church 7457 Edmonds St., Burnaby - 7:00PM enter from side prkg lot, upstairs, *new location*

Wednesday: AA QUEER + TRANS Britannia Community Centre 1661 Napier St. Vancouver - 6:30PM *mtg is now every Wed including 1st of month.*

Friday: ANVIL NOONER AT 1. Anvil Centre. 777 Columbia St., New Westminster - 1:00PM. *Skytrain via New West Stn., new location note.*

Friday: FRIDAY NIGHT MEN'S MEETING Church 7260 St. Albans St. Richmond - 9:00PM *this mtg was not discontinued.*

Discontinued Meetings:

Sunday: BARCLAY GROUP. Sunset Towers 16555 Barclay St., Vancouver - 10:00AM

Thursday: GOT TO GROW OR GOT TO GO (women). North Vancouver Alano Club, 176 2nd Ave E., North Vancouver - 7:00PM

Saturday: BARCLAY GROUP. Sunset Towers 16555 Barclay St., Vancouver - 10:00AM

Saturday: HALT SPEAKERS One way Club 22270 North Ave., Maple Ridge - 5:30PM

Saturday: JOE & CHARLIE STEP GROUP Avalon Women's Centre 101-1548 Johnson Rd. White Rock - 12:30PM

Go to: www.vancouveraa.ca/about-us/group-information-update/ for group change forms and directions.

Group Corner:

DEEP COVE GROUP:

3625 Banff Ct, North Vancouver. Tuesday - 8:00PM. Would like to invite everyone to the upcoming birthday celebrations: *Paul S - 11 years - cake date: Feb 18, *Colin M - 2 years - cake date: Feb 18, *Jeremy T. - 1 year - cake date: Feb 25, & *Romana K - 25 years - cake date: March 23.

HIGHLAND GROUP:

3255 Edgemont Blvd, North Van, Thursday's - 8:00PM
Thank you to the HIGHLAND GROUP for the service they provided to the fellowship by answering the phones! They now need our support. The Telephones needs another group to make themselves available to replace the Highland group as they rotate out.

ANOTHER CHANCE BIG BOOK:

7277 King George Blvd, Surrey, Thursday's - 7:00PM; Needs support.

SATURDAY NIGHT SOBRIETY:

10553 148 St, Surrey, Saturday - 7:00PM; Needs support.

NORTH DELTA:

7655 120 St, Delta, Tuesday's - 7:30PM; needs support.

Spring 2020 Directory:

It is that time of year once again to prepare for new meeting directories to come out! Please assist us at Central Office with getting the most accurate and up-to-date information out to people searching for a meeting.

- Check the Fall 2019 (green) Meeting Directory for your group's listing. Let us know at Central Office if it needs updating, correcting, added or discontinued.
- Check the Meeting Finder at www.vancouveraa.ca/meetings/ to make sure everything is correctly listed.
- Please confirm that Central Office has a group contact mailing address, email and phone number for your group that is up-to-date.
- Changes forms can be found at: www.vancouveraa.ca/about-us/group-information-update/ for group change forms and directions, Intergroup meetings or Central Office.

Deadline for changes is: April 21st, 2020.

Upcoming Events

For a complete listing, check: www.vancouveraa.ca under events

Events:

Mar 7: SOBER MELA Dhaliwal Banquet Hall 230-8166 128 St., Surrey.\$30, 5:00PM www.sobermela.com

Mar 12: THURSDAY NIGHT LIVE! SPRING FLING POT LUCK, Church 5135 Sperling Ave, Burnaby 7:30PM—8:30PM

Mar 14: 42nd BURNABY ROUNDUP Engineers Operating Hall 4333 Ledger St., Burnaby \$15. AA & Al-Anon \$6. for Al-Ateen Music by Beach Patrol registration 10:00AM– Dance 9:00PM—1:00AM

Mar 21: UPPER FRASER VALLEY A.A. CORRECTIONS ROUNDUP, Level Ground Church 31216 King Road, Abbotsford. \$20.(incl. meal), Al-Anon Participation. 9:00AM-8:30PM tickets/info: Darcy A. 604-454-8836.

Mar 21: SOBERFEST St. Patrick's Church 22589 121st Ave., Maple Ridge \$25 Breakfast 8:00AM-10:00PM tickets/info Fred R. 604-716-4346

Apr 10-12: NORTH SHORE ROUNDUP Vancouver Convention Centre, 999 Canada Place, Vancouver \$45 or \$40 purchased before Mar 1st.Registration 2:00PM www.northshoreroundup.com

Apr 17-18 VERNON 10th ANNUAL CARRY THE MESSAGE Peace Lutheran Church, 1204-30th Ave., Vernon BC. \$25 Scott 250-307-0985

Apr 24-26: NORTHWEST GIRLSTOCK 4 Points Sheraton Hotel Bellingham WA, Apr 24 @ 5:00PM– 26 @ 11:00PM www.nwgirlstock.org

May 2: A WOMAN'S WAY Steveston United Church, 3720 Broadway St., Richmond \$10, includes lunch. Registration 9:30AM Email: awomansway@shaw.ca

May 16: ONE BIG TENT Pacific NW Secular AA Conf. George Preston Recreation Centre, 20699-42 Ave., Langley \$20 includes coffee & lunch, \$25 at the door 9AM-5PM

May 22-24: CELEBRATE SOBRIETY Croatian Cultural Centre 3250 Commercial Dr., Vancouver, info/ tickets www.celebratesobriety.ca

Intergroup Events:

Mar 8: INTERGROUP AWARENESS DAY South Vancouver Adult Day Centre 3076 E 49th Ave., Vancouver Event is FREE, meal is \$12.50, 12:00PM—7:00PM

Birthday Contributions:

Central Office Birthday Plan!! Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety.



Linda W. Vancouver Heights - 3yrs.

Jonathan H. 4th Dimension - 5yrs.

Lucie M. Lougheed Speaker - 42 yrs.

Congratulations and thank you!

Next Newsletter Deadlines:

Apr. issue: Mar. 17th / May issue: Apr. 16th.

Email submissions to: newsletter@vancouveraa.ca.

For posters to be mailed out with the newsletter there is a \$20.00 fee. The April issue will be mailed out.

Want the Newsletter by Email?:

Sign up for our monthly E-newsletter.

Please visit www.vancouveraa.ca.

Scroll to the bottom of page and sign up. The newsletter will be emailed out to you monthly.

Sub-Committees Meeting Dates:

2020	Mar	Apr
Accessibilities @ 6:45PM	5	2
Corrections @ 7:00PM	6	3
C.P.C. @ 7:00PM	25	22
Detox Mtg & Workshop@ 11AM	14	11
Hospitals @ 7:00PM	19	16
**Intergroup Meeting @ 7:30PM	17	21
**Intergroup Orientation @ 7:00PM	17	21
Public Information @ 7:00PM	25	22
Telephone Committee Mtg 7:00PM	10	14
Telephone Workshop 10AM	21	18
Treatment @ 11:00AM	14	11
**Meeting location is not Central Office		