SEPTEMBER 2019 Greater Vancouver Intergroup Monthly A.A. Newsletter



Tradition Nine:

AA as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

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BREAKFAST WITH YOUR SPONSOR

What is it: It's about seeing sponsorship in action.

When is it: Saturday, September 28th, 2019

Breakfast at 10:15am - Panel Meeting at 11:15am

Where is it: St. Mary's Ukrainian Church Hall, 3150 Ash St., Vancouver, B.C.

When are tickets available: Tickets are \$20.00 and will be available August 1st, 2019-September 14^{th} , 2019

Where can you buy them: After the date posted tickets will be available at some meetings and are also available at Central Office

THERE ARE A LIMITED NUMBER OF TICKETS! WE SELL OUT EVERY YEAR!

BRING YOUR SPONSOR TO BREAKFAST OR COME FIND A SPONSOR!!

PUT THE DATE IN YOUR CALENDAR AND WE WILL SEE YOU THERE!

Questions to consider: Do I have a Recovery Sponsor?

Do I have a Service Sponsor?

Do I want one?

IF YOU SAID YES TO ANY OF THESE QUESTIONS COME AND CHECK OUT WHAT THE ANSWERS ARE THESE QUESTIONS AND MORE!!!!

LET'S KICK OFF GRATITUDE MONTH WITH A BANG!

EXPERIENCE PASSING IT ON!!

Central Office Hours:

• Mon.- Fri.: 8:00am to 6:30pm

Sat.- Sun.: 9:30am to 1:00pm
 3457 Kingsway, Vancouver, BC, V5R 5L5

• Phone Lines: 24/7 - even during STAT holidays

Office will be closed on statutory holidays.

Monday, October 14, 2019

What is Sponsorship in AA?:

Alcoholics Anonymous began with sponsorship. When Bill W., only a few months sober, was stricken with a powerful urge to drink, this thought came to him: "You need another alcoholic to talk to. You need another alcoholic just as much as he needs you!"

He found Dr. Bob, who had been trying desperately and unsuccessfully to stop drinking, and out of their common need A.A. was born. The word "sponsor" was not used then; the Twelve Steps had not been written; but Bill carried the message to Dr. Bob, who in turn safeguarded his own sobriety by sponsoring countless other alcoholics. Through sharing, both of our co-founders discovered, their own sober lives could be enriched beyond measure.

What does A.A. mean by sponsorship? To join some organizations, you must have a sponsor — a person who vouches for you, presents you as being suitable for membership. This is definitely not the case with A.A. Anyone who has a desire to stop drinking is welcome to join us!

In A.A., sponsor and sponsored meet as equals, just as Bill and Dr. Bob did. Essentially, the process of sponsorship is this: An alcoholic who has made some progress in the recovery program shares that experience on a continuous, individual basis with another alcoholic who is attempting to attain or maintain sobriety through Δ

When we first begin to attend A.A. meetings, we may feel confused and sick and apprehensive. Although people at meetings respond to our questions willingly, that alone isn't enough. Many other questions occur to us between meetings; we find that we need constant close support as we begin learning how to "live sober."

We select an A.A. member with whom we can feel comfortable, someone with whom we can talk freely and confidentially, and we ask that person to be our sponsor.

Portions reprinted with permission of A.A. World Services: P-15 Q&A On

Intergroup Meeting:

- Orientation for new Reps at 7:00pm.
- Intergroup meeting at 7:30pm.
 3022 E 49th Ave, Vancouver, BC V5S 1K9
- Next meeting: Tuesday, September, 17, 2019

All members are welcome!

Tel: (604) 434•3933 Email: <u>staff@vancouveraa.ca</u> Web: <u>vancouveraa.ca</u>

Intergroup Page: Unity, Service, & Recovery

Traditions Discussion Questions:



- 1)Do I still try to boss things in AA?
- 2)Do I resist formal aspects of AA because I fear them as authoritative?
- 3) Am I mature enough to understand and use all elements of the AA program even if no one makes me do so with a sense of personal responsibility?
- 4) What has rotation to do with anonymity? With humility?

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Call to Action Telephone Committee:

We are welcoming Sabrina S. as our new Telephone Committee Chair. In the spirit of rotation Tara-Rose W. has stepped down. Thank you Tara for the many countless hours and hard work you put into the Telephone Committee! Tara-Rose is released from her responsibility with gratitude from all of us.

The telephone committee meets every 3rd Saturday of the month at 11am immediately after the telephone workshop. Reach her at telephones@vancouveraa.ca.

Sub-Committees:

The purpose of every outreach subcommittee is to assist the Intergroup Committee in carrying out the primary purpose of Alcoholics Anonymous as expressed in Tradition 5. Each outreach subcommittee is therefore assigned a particular area of responsibility.

Reprinted from Intergroup Operating Procedures and Guidelines 2018 with permission.

Accessibility:

Need members to help man an information table at two upcoming events. Please contact via email to offer your services.

accessibilities@vancouveraa.ca

Co-operation with Professional Community:

Needs a chairperson. The suggested sobriety is one year. Please contact Central Office to offer your services.

cpc@vancouveraa.ca

Corrections:

The Corrections roundup is quickly approaching - November 9th - get your tickets soon! Contact Brent at the email address below for any information about going into the Provincial Institutions.

corrections@vancouveraa.ca

Detox:

Serena would love to have more people attend the monthly meeting. It is the 2nd Saturday of every month at Central Office.

detox@vancouveraa.ca

Hospitals:

Sub-Committees: continued

The Hospital committee meets every third Thursday of the month, 7pm at Central Office and has plenty of opportunity with no sobriety requirements and no AA service experience required. The Hospital Committee is responsible to ensure the A.A. message is carried in the form of meetings and/or panel discussions in those hospitals wishing to have such meetings.

The Hospital committee is presently working diligently on Phase 4, Operation Spiritual Juju, of their master project: Silver Thunder! Operation Spiritual Juju consists of contacting all hospitals from North Vancouver to the South Surrey/ White Rock region in hopes of obtaining contact information for a staff member at every They are also continuing to Chair hospital meetings, supply literature, conduct patients to meetings as well as various other tasks. If you or someone you know would like to help carry the message of recovery into a hospital setting, AKA Silver Thunder, contact Sean hospitals@vancouveraa.ca or attend the next Hospital subcommittee meeting: Central Office. September 19th, 2019 @ 7pm.

Public Information:

Needs a chairperson. The suggested sobriety is one year. Please contact Central Office to offer your services. public.info@vancouveraa.ca

Telephone

Welcomes our new Chair - Sabrina! If you are interested in doing phones, please contact Central Office staff. telephones@vancouveraa.ca

Treatment:

We meet every 2nd Saturday at 10am and encourage all Treatment Reps and Liaisons to attend. Currently seeking individuals or groups for Saturday 9am panel meeting in downtown area. Big Books Drive! If you have spare books please consider donating to be distributed to treatment facilities. treatment@vancouveraa.ca

Need more information about service positions? Call 604-434-3933, email: staff@vancouveraa.ca or come by CO at 3457 Kingsway, Vancouver — you are always welcome!

Thank you to everyone who does Service!

Phone Room Stats:

	July	June	May
12 th Step Calls	79	70	58
Al-Anon	5	8	10
Answering Service	119	233	211
General	623	566	678
Total Calls	826	877	957

Directory Updates September 2019

For a complete listing, check: www.vancouveraa.ca under meetings

New Meetings:

Monday and Friday: "Alano Noon Meditation Mtg"., 12:15pm -1:15pm, Alano Club, 1525 W. 7th Ave., Van

<u>Monday:</u> "Indigenous Sobriety Circle", 7pm, Cwenegitel Aboriginal Society, 13632 110A Ave, Surrey

<u>Tuesday:</u> "Tuesday Night Beginners Meeting" 8pm, doors open at 7pm, 9537 Prince Charles Blvd., Surrey

<u>Thursday:</u> "ABC Beginners Meeting" 7:30pm doors open - meeting starts at 8:00pm. 7277 King George Blvd., Surrey in the common room.

<u>Thursday:</u> "River Group Beginners Meeting", 6pm, Sacred Heart Monastery, 3900 Arthur Dr., Ladner,

<u>Friday:</u> "Step and Tradition Meeting", 6pm, One Way Club, 22270 north Ave., Maple Ridge

<u>Friday</u>: "Land of the Moss" 8pm, Katzie Community & Health Cen 19700a Salish Rd, Pitt Meadows, open mtg <u>Friday</u>: "TGIS Beginners", 7:30pm, 1440 w.12th Ave.

Meeting Changes:

<u>Monday:</u> "Bay Group Beginner's Mtg" 6:30-7:30pm, AA Big Book based, <u>New starting time</u>

Monday: "St. John's 12x12", 7:30pm, 2206 St. John's St., Port Moody 1.5 hr candlelight meeting New format

Monday: "Frantic Serenity", 7:30pm, 15115 Roper Ave., White Rock, New location—Starting Aug. 19th

<u>Tuesday:</u> "Tsawwassen Tuesday Night 12 Step", Tues. 6pm Church, 5575 6th Ave, <u>All meetings are now closed</u>

Wednesday: "AAQueer+Trans" Step11 - Meditation Mtg 8pm doesn't meet 1st Wed of the month. The regular mtg.at 6:30 pm meets every week. Mtg info corrected

<u>Thursday:</u> "12 BY 12 AT 12" 12pm Waves Coffee Shop #105 - 10777 University Dr., Surrey <u>New location</u>

<u>Thursday</u>: "Avalon Women's Step-Drop In", 7pm, #300 -132-14th St.E.N.Van. <u>Meeting is now a closed mtg</u>

<u>Thursday:</u> "Lifeline" 8pm Administration Block, 2195 W.45th Ave, Vancouver <u>New location on Sept. 1, 2019</u>

<u>Saturday:</u> "Breakfast With Bill" 8:30am, 400—1401 West Broadway, <u>New location, new format: no cover charge. Arrive 8:15-8:25am for admittance to bldg.</u>

<u>Saturday:</u> "West End Men's", 8:30pm, 1140 Jervis St., Vancouver Gay <u>Change in format</u>

<u>Saturday:</u> "There are Those Too", 10am, Peace Arch Hosp., 15521 Russel Ave., White Rock <u>New meeting</u> <u>details: sub-ground floor, Mtg Room 4</u>.

Discontinued Meetings:

<u>Sunday</u> — Tumben Kuxtal—Spanish, 11am, 7727 King George Hwy, Surrey. <u>Discontinued</u>

Tuesday: "Musqueam AA" 8pm—6615 Salish Dr., Van.

Discontinued Meetings (continued):

Tuesday and Thursday: "Barclay Group", 7pm 1655 Barclay St., Tues & Thurs Meetings discontinued (there is no change in the Sun & Sat 10am and Sat.7pm Barclay meetings).

Group Corner:

Alive After the Drive

Saturday @10:30am

320 East 15th, at Sophia, Vancouver

We have been taking debit and credit card donations since May of this year, using a contactless reader by Square. We've found it to be easily integrated into the collection of our seventh. If you would like to see how it's working for our group, we invite you to drop by and talk to us!

Birthday Plan Contributions:

Central Office Birthday Plan!! Members customarily contribute: \$1, \$2, or even \$5. for each year of their sobriety.



In Memoriam Contributions:

Bequests in wills are acceptable only from A.A. members. A maximum of \$5,000.00 from any one person, and only on a one-time basis - not in perpetuity.

AA International Convention News:

■ If you're going...



Registration forms will be mailed in August 2019 to all G.S.R.s, central offices, intergroups and international G.S.O.s.

Online registration will be available September 9, 2019, on aa.org. Advanced registration for the Convention (between
September 9, 2019, and April 14, 2020) will be \$115 (USD) per attendee. Registration after April 15, 2020, will be
\$140.00 (USD) per attendee. Check aa.org for further information and updates.

Once registered, individual members will be able to book up to four (4) rooms. If you are traveling in a group and need more than four rooms, an additional member in your group will need to register and book the necessary additional hotel rooms.

For large groups requiring ten (10) rooms or more, there is a separate procedure. For information on this procedure, please contact the International Convention Coordinator at G.S.O. at 2020ic@aa.org.

While we are trying to meet everyone's needs, we attempt to ensure fairness for the entire Fellowship so that both single attendees and attendees traveling in a group have equal access to hotel arrangements for the Convention.



and... 2025 VANCOUVER!

In the Year 2030, It's St. Louis, Missouri

St. Louis, Missouri, has been selected by the General Service Board as the site for the International Convention celebrating A.A.'s 95th Anniversary, July 2030. Because of continued growth in attendance, it is necessary to reserve major meeting facil-

ities and hotels this far in advance. The board made its decision following site inspection trips to Indianapolis, St. Louis and two other cities chosen for equal consideration by the 2018 General Service Conference.

Upcoming Events

For a complete listing, check: www.vancouveraa.ca under events

Events:

<u>Sept 7: VANYPAA Forever Young Campout</u> Squamish, 12975 Squamish Valley Road, contact vanypaainfo@gmail.com

Sept 13-15: 31st Annual Men's Retreat Sasamat Outdoor Centre 3302 Senkler Rd, Belcarra. More information Contact Dwayne 778-870-5354, Barry 604-209-3548 or mensfallretrreat@gmail.com

Sept.7: **48th Greenwood Gratitude Day** 8:30am to 8pm, 1355 Veterans Lane, Greenwood, BC Potluck lunch & supper, \$5 Suggested Donation, bring a potluck item for lunch or dinner, refrigeration available, greenwoodgratitude@outlook.com

Sept 20-22: **15th Annual Women's Retreat "A Weekend with the Steps"** Sasamat Outdoor Centre 3302 Senkler Rd., Belcarra Contact Halley 778-987-6981, Linda 604-518-5285

Sept 21: Tri-Cities AA Women's Day Staying Connected 821 Fairfax St., Coquitlam 9:30am—3:30pm \$20. includes lunch, bring your own mug & water bottle. For more information contact tricitieswomensday@gmail.com

<u>Sept 26:</u> **Fortunate Few-Women**, 25th Anniversary, 7772 Graham Ave., Bby 6pm Finger Food, Mtg @ 7pm

Area Happenings:

Oct. 4-6: **2019 BC/Yukon Area 79 Voting Assembly.** Hosted by District 60: 100 Mile House, BC. For more information: www.bcyukonaa.org/events.

Intergroup Events/ Meetings:

Sept. 28: **Sponsorship Breakfast.** St. Mary's Ukrainian Church Hall, 3150 Ash Str., Vancouver. Starts at 10am. Cost is \$20.00. More info at: www.vancouveraa.ca/event/breakfast-with-your-sponsor.

Nov. 16: Freedom From Bondage: Corrections Literature Round-up. Operating Engineers Hall, 4333 Ledger Ave, Burnaby. Starts at 9am. Cost is \$\$20.00. More info at: www.vancouveraa.ca/event/34th-annual-corrections-roundup.

Birthday Contributions:

Central Office Birthday Plan!! Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety.

Events (continued):

Sept 26: Happy Destiny Speaker Series, 8pm Christ Church Cathedral, 690 Burrard St. Van, Free Parking Available Bob R SOS Group Bellingham

<u>Sept 28:</u> **Breakfast with your Sponsor** - see Intergroup Events below

Oct 11-12: **Vancouver Roundup** 181 Roundhouse Mews Tickets \$30, Go to www.vanroundup.com

Oct.19: Richmond Roundup, South Arm Community Hall 9020 Williams Rd, Tickets \$25—Includes Dinner Nov 8-9: Blueprint for Recovery Conference Rosedale Hotel, Vancouver \$25, more info contact Mathew 604-720-0045 / blueprintforrecovery19@gmail.com

Nov. 16: Freedom From Bondage: Corrections Literature Round-up.— see Intergroup Events below Nov.26: North Shore Sobriety Day, 10:30am to

Next Newsletter Deadlines:

Sept. 12th for October/ Oct. 10 for November.

For posters to be mailed out with the newsletter there is a \$20.00 fee.

Sub-Committees Meeting Dates:

2019	Sept	Oct		
Accessibilities @ 6:45pm	5	3		
**Corrections @ 7:00pm	6	4		
C.P.C. @ 7:00pm	19	17		
Detox @ 10:00am Workshop @ 11am	14	12		
Hospitals @ 7:00pm	19	17		
**Intergroup Meeting @ 7:00pm	17	15		
Public Information @ 7:00pm	25	23		
Telephone @11am Workshop 10am	21	19		
Treatment @ 10:00am	14	12		
**Meeting location is not Central Office				

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