

Greater Vancouver Intergroup Monthly A.A. Newsletter

Pass it On . . .

Tradition Four:

Each group should be autonomous except in matters affecting other groups or AA as a whole..

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Long Timer Group Celebration:



On the event of Vancouver Heights 53rd anniversary, I tried to compile a history from what records I could find. I will ask that anyone who has information, or stories or tidbits, email them to me at lindaw222@outlook.com. I would like to pass this on to the BC Yukon Archives .

Vancouver Heights AA group was founded on January 1, 1966 and had its first meeting at 9 PM on Tuesday, January 4, 1966 in the Vancouver Heights United Church at Ingleton Ave. & Albert Street in Burnaby. The founders were Ted V, Jack P and Glen T. from Burnaby Lochdale Group. Some early members were Pat B, Hal T, Bill H, Charlie K, Jenny M, Mike L and Bell L

In 1977, the group, with about 30 members, moved to a better facility at St Nicholas Church, 3883 Triumph St. in Burnaby by North Ingleton Ave. The group's old-timer then was 21 years sober with a sobriety date of 1968. In May 2003 the group moved to the Engineer's Hall, at the rear of Willingdon and Dawson St. in Burnaby because the church on Triumph Street was sold. The time was changed to 8 PM. There were a lot of old-timer's in the

Central Office Hours:

- Mon.- Fri.: 8:00am to 6:30pm
 - Sat.- Sun.: 9:30am to 1:00pm
- 3457 Kingsway, Vancouver, BC, V5R 5L5

- Phone Lines: 24/7

Office will be closed on: **Friday, April 19, 2019**

group and the group's member with the longest sobriety was 41 years sober in 2003, with a sobriety date of 1962. In 2014, the group was moved to another location, however it didn't last long there because there were steep stairs and the many Oldtimers in the group had a hard time using the stairs. Also, it was not wheelchair accessible.

In January 2016, the group moved to the present location at St Timothy's Church 4550 Kitchener St. in Burnaby BC. There was a split in the group at this time due to a group conscience over half-time or no half-time. The "no-half-time" vote took it and some people moved on.

In 2019, there are currently about 30 members with two Oldtimers with 35 years of sobriety each, with Irma S. being the longest Vancouver Heights member. Vancouver Heights is a "old time AA meeting" with not a lot of bells and whistles, we take a 7th Tradition, donate to the 3 levels of service, don't give out chips, have no topics and no half-time with lots of time for sharing. We like to provide snacks after the meeting for fellowship time.

We have an active group with a lot of participation and currently have Intergroup and GSR reps. The group has a very good relationship with the church who are happy to have us.

Vancouver Heights celebrated their 53 years anniversary in a meeting on February 12, 2019. After a rather large Vancouver snowfall, many people didn't show up but the members and the ones who did come, enjoyed the meeting, fellowship and lots of food after the meeting.

Welcome 2019-20 Operating Committee:

- Blair A. (Steveston Grp)
- Gordon K. (Keep It Simple)
- Jess S. (Dolphin Grp)
- Linda M. (Sat. Morning Dilemma)
- Raman T. (Kingsway Grp)
- Sean C. (North Delta)

Come to Intergroup and meeting each of them.

Intergroup Meeting:

- Orientation for new Reps at 7:00pm .
 - Intergroup meeting at 7:30pm.
- 3022 E 49th Ave, Vancouver, BC V5S 1K9
- **Next meeting: April 16, 2019**

All members are welcome!

Tel: (604) 434-3933 Email: staff@vancouveraa.ca Web: vancouveraa.ca

Intergroup Page: Unity, Service, & Recovery

Call to Action Corrections Roundup:

The Corrections Subcommittee needs you for the Corrections Roundup Committee! Please come and join in at the formation meeting on Friday, April 5th, 2019 at 7 pm at Central Office.

New Intergroup Reps:

Come to the orientation meeting at 7pm prior to the regular Intergroup Meeting. At the meeting we will attempt to answer all your questions. Please introduce yourself to the Operating committee members. We want to meet you. When you sign in at the table, please introduce yourself to the staff as well. We are here to facilitate your service.

Traditions:

Discussion questions:

“Does my group always consider the welfare of the rest of AA? Of nearby groups? Of loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvatore?”

“Do I put down other member’s behaviour when it is different from mine, or do I learn from it?”

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Sub-Committees:

The purpose of every outreach subcommittee is to assist the Intergroup Committee in carrying out the primary purpose of Alcoholics Anonymous as expressed in Tradition 5. Each outreach subcommittee is therefore assigned a particular area of responsibility.

Reprinted from Intergroup Operating Procedures and Guidelines 2018 with permission.

Accessibility:

Still needs a Chair person!! We meet every 1st Thursday at 6:45pm at CO. Experience is not required; willingness is. The committee is responsible to explore, develop and offer resources, including literature, to make the A.A. message and participation in A.A. available to anyone with adversities. Call CO, drop in or email: staff@vancouveraa.ca or accessibilities@vancouveraa.ca

Phone Room Stats:

	FEB	JAN	DEC
12 th Step Calls	47	42	64
Al-Anon	5	9	6
Answering Service	214	257	132
General	599	757	771
Total Calls	865	1,065	973

Sub-Committees: continued

Co-operation with Professional Community:

We meet every 3rd Thursday at 7:00pm at CO with Hospitals. We need members to help us do twelve step work. Call CO, drop in or email: cpc@vancouveraa.ca if you are interested.

Corrections:

Brent is the chairperson. We meet every 1st Wednesday of the month at 7:00pm at CO. Experience as an inmate is not required, sobriety is. There are many ways to help this subcommittee. One is attending meetings inside others are what you should come to the meeting to find out about. Call CO, drop in or email corrections@vancouveraa.ca if your are interested.

Detox:

We meet every 2nd Saturday at 10:00am followed at 11:00am with a workshop to assist members in doing detox twelve step work. There are constant demands on this subcommittee for volunteers, they need your hand! Call CO, drop in or email: detox@vancouveraa.ca if your are interested

Hospitals:

Desperately needs a Chair person!! We meet every 3rd Thursday at 7:00pm at CO with CPC. The committee is responsible to ensure the A.A. message is carried in the form of meetings and/or panel discussions in those hospital wishing to have such meetings.

Call CO, drop in or email: hospitals@vancouveraa.ca

Public Information:

We meet every 4th Wednesday at 7:00pm. We are always looking for new members. We are an active subcommittee. Call CO, drop in or email: staff@vancouveraa.ca

Telephone:

We meet every 3rd Saturday at 11:00am. All group telephone reps are encouraged to attend. At 10:00am we have the telephone workshop for new members who want to do the phones at CO. We have great things happening. Call CO, drop in or email: telephones@vancouveraa.ca Want to volunteer for a 4 hour phone shift? Call CO or email staff@vancouveraa.ca

Treatment:

We meet every 2nd Saturday at 10:00am. Quite a few service opportunities available to attend facilities, but need more participation from members to fill the needs. We have the demand we need the sober members. Call CO, drop in or email: treatment@vancouveraa.ca

All subcommittees meet at Central Office.

Need more information about service positions? Call 604-434-3933, email: staff@vancouveraa.ca or come by CO at 3457 Kingsway, Vancouver — you are always welcome!

*We always want the hand of AA to be there...
help us do that - serve on a subcommittee.*

Directory Updates April 2019

For a complete listing, check: www.vancouveraa.ca under meetings

New Meetings:

- Sunday:** “The ‘not so’ Secret Society of Sobriety”, Front door entrance and then to the right. George Mackie Library, 8440 112 St. Delta –noon
- Monday:** “Crosstalk Meeting” Vancouver Recovery Club 2775 Sophia @ 12th Ave. 9:30pm open/topic
- Monday:** “Bay Group Beginner’s”. Vancouver Alano Club, 1525 W 7th Ave, Vancouver - 6:45pm
- Wednesday:** “AA Queer/Trans-All Welcome” new Step11 Meditation meeting 1661 Napier St., Van — 6:30 pm
- Friday:** “Friday Night Last Call” Broadmoor Baptist Church, 8140 Saunders Rd., Richmond — 7:30 pm

Meeting Changes:

- Sunday:** “Because We Care” Central City Lodge, **new location** Holy Rosary Cathedral, 650 Richards St. upstairs in room #2, Vancouver -6:00 pm
- Sunday:** “Come Out and Sober Up”- lgbtq. **new time** Burnaby Fellowship, 7638 6th St., now 7:00 pm
- Sunday:** “The Thanksgiving Group” has moved to Davis Bay Hall, 5123 Davis Bay Rd., Sechelt 8 pm **new location**
- Monday:** “Skeena House” **new name** “Fireside Group” 3475 E. Hastings St., Vancouver –8:00 pm
- Tuesday:** “Steps and Tradition Group” has moved to St.Hilda’s Church (Annex), 5838 Barnacle Str., Sechelt — 7:30 lt **new location**
- Thursday:** “Participation” **new time** 7025 Granville St., Vancouver—back to 8:30 pm
- Thursday:** “12x12 Discussion” now called West Vancouver Beginner Step/Discussion Meeting”. Church,1068 Inglewood @ 11st St. - 7:30 pm — **new name**
- Saturday:** “Saturday Night Speaker” **re-instated** 5400 River Road, Richmond –9:30 pm
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- Saturday:** “Burnaby New Life” **new location** 4908 Hastings St. Burnaby –7:00 pm
- Saturday:** “Last Chance” **location details** 6040 Iona Dr. Side Door, Vancouver –7:00 pm
- Saturday:** “Page 13” **location details** 6858 Fraser St. Entrance on 52 Ave. Vancouver –7:30 pm

Newsletter Submissions or Group Info:

Can be easily done by dropping in the office and telling us about them, sending us an email at staff@vancouveraa.ca or go to our website at www.vancouveraa.ca/about-us/group-information-update page and we will gladly assist you.

Discontinued Meetings:

- Sunday:** “Three Legacies” Burnaby Fellowship Club, 7638 6th St., Burnaby –6:00 pm
- Thursday:** “Heart to Heart”, 10177 - 148th St. Surrey – 8:00 pm
- Friday:** “St. David’s Step”, church, 1525 Taylor Way, West Vancouver –noon, upstairs in the music room



There is **NO** elevator to **SUCCESS**.
You have to take the **STAIRS**.

Around the Literature Room:

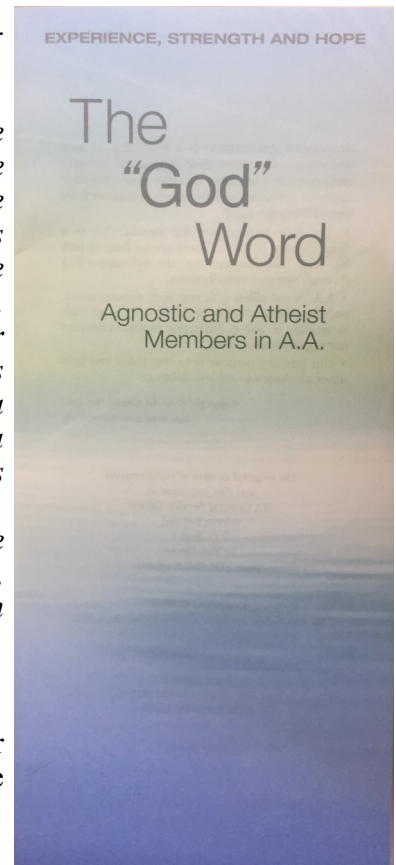
“The “GOD” Word” is a new pamphlet from Alcoholics Anonymous World Services (AAWS)©.

A small sample of its offerings:

“...Many members believe in some sort of god and we have members that come from and practice all sorts of religions; but many are also atheist or agnostic. It’s important to remember that A.A. is not a religious organization; we have a simple idea that there is a power greater than us as individuals ...”

Reprinted from “The “God” Word” pamphlet, page 5, with the permission of A.A. World Services, Inc..©

Pamphlet is available for purchase at Office. As are many others.



Spring 2019 Directory:



The changes and updates from the groups will be coming in until March 31st. And then the new Spring 2019 directory will be coming soon!

Upcoming Events

For a complete listing, check: www.vancouveraa.ca under events

Events:

Apr. 06: **A Woman's Way**, Steveston United Church, 3720 Broadway, Richmond, \$10 lunch included. closed AA women's - 9:30am to 3pm.

Apr. 19-21: **North Shore Roundup**, Vancouver Convention Centre, East 999 Canada Place, Vancouver, \$45 tickets available at Central Office.

Apr.23: **Capilano Group**, 68th Anniversary, 1110 Garwin Dr., North Vancouver — 7:30 pm

Apr. 26: **Geezer/Geezerette Mtg**, 3151 York St., Port Coquitlam, Potluck, fun, fellowship - 8pm.

May 11: **One Day In May**, St Mary's Ukrainian Hall, 3150 Ash St., 3150 Ash St., Vancouver, 11am-11pm.

May 17-19: **Kamloops Roundup**, Heffley Hall, 6955 Old Hwy. 5, Kamloops, kamloopsroundup@gmail.com.

May 31-June 1: **Growing in Sobriety: 32nd Annual Tri-Cities Spring Rally**, All Saints Parish Hall, 821 Fairfax St., Coquitlam, \$25 tricityrallytickets@gmail.com.

May 31-June 2: **Lytton AA Roundup**, Memorial Hall, Lytton, \$20 + \$3 (Sun breakfast) pd4@live.com.

Next Newsletter Deadlines:

April 11th (for May) May 14 (for June)

Area Happenings:

Apr. 12-14: **Area 79 Pre-Conference Assembly**, John Barsby Community School, 7th Street and Bruce Ave, Nanaimo, www.bcyukonaa.org.

July 5-7: **Area 79 July Quarterly** Surrey, White Rock, Langley www.bcyukonaa.org.

Intergroup Events/ Meetings:

April 5: **Corrections Roundup Planning Committee**, please come and join us in the boardroom at Central Office, 3457 Kingsway, Vancouver. Everyone is welcome and all support is appreciated - 7pm.

Sept 28: **Sponsorship Breakfast**, St. Mary's Ukrainian Church Hall, 3150 Ash St., Van. —10 am. \$20 for more information go to: vancouveraa.ca

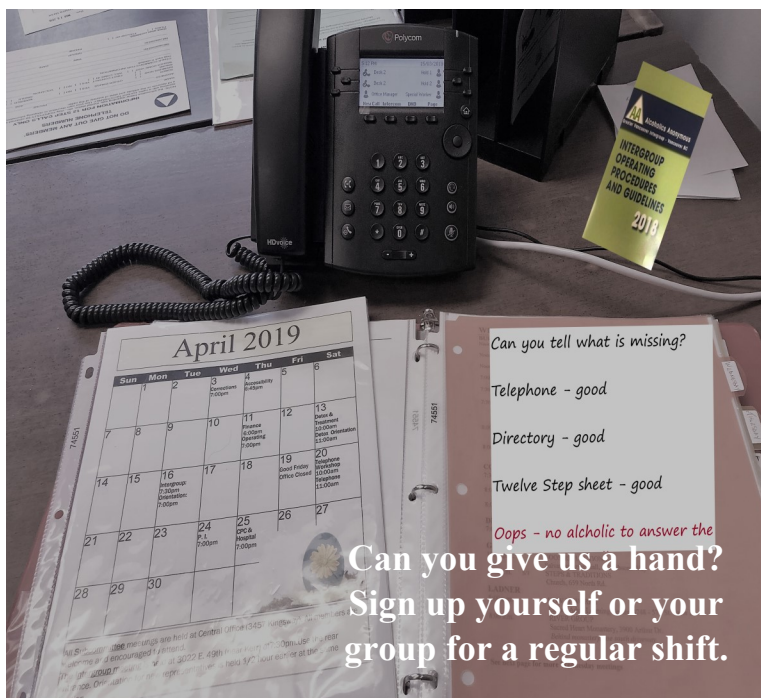
Correction Roundup wants you!

Sub-Committees Meeting Dates:

2019	Apr	May
Accessibilities @ 6:45pm	4th	2nd
Corrections @ 7:00pm	3rd	1st
C.P.C. @ 7:00pm	18th	16th
Detox @ 10:00am Workshop @ 11am	13th	11th
Hospitals @ 7:00pm	18th	17th
Intergroup Meeting @ 7:00pm	16th	21st
Public Information @ 7:00pm	24th	22nd
Telephone @ 11 am Workshop 10am	20th	18th
Treatment @ 10:00am	13th	11th

In Memoriam Contributions:

Joe B. of the Daily Reprieve group New Westminster.



Can you give us a hand?
Sign up yourself or your group for a regular shift.

Birthday Contributions:

Help carry the message by contributing to the Central Office Birthday Plan to help support Twelve step work in Greater Vancouver. You can contribute on your A.A. birthday. Suggested is \$1.00 per year or month.