

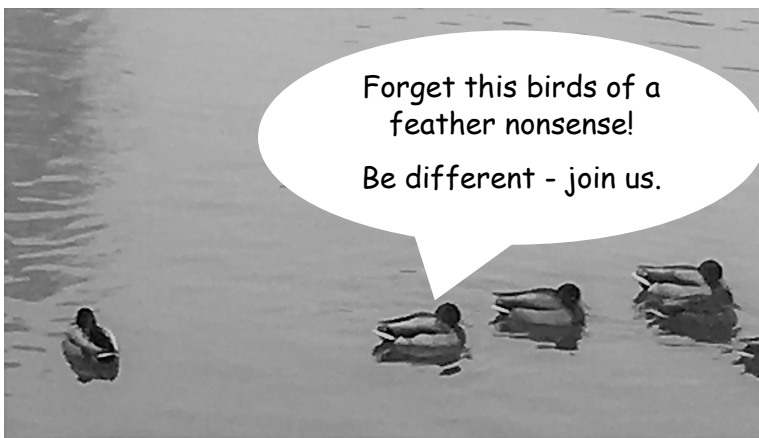
March 2019 Greater Vancouver Intergroup Monthly A.A. Newsletter

Pass it On . . .

Tradition Three:

The only requirement for AA membership is a desire to stop drinking.

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Inclusive, not Exclusive:

“Newcomers are approaching AA at the rate of tens of thousands yearly. They represent almost every belief and attitude imaginable. We have atheists and agnostics. We have people of nearly every race, culture, and religion. In AA we are supposed to be bound together in the kinship of common suffering. Consequently, the full individual liberty to practice any creed or principle or therapy whatever should be a first consideration for us all. Let us not, therefore, pressure anyone with our individual or even our collective views. Let us instead accord each other the respect and love that is due to every human being as he tries to make his way toward the light. Let us always try to be inclusive rather than exclusive; let us remember that each alcoholic among us is a member of AA, so long as he or she so declares”

AA Co-Founder, Bill W., “Responsibility Is Our Theme”, p. 333, *The Language of the Heart*. Copyright © The AA Grapevine, Inc. (July, 1965). Reprinted with permission.

Central Office Hours:

- Mon.- Fri.: 8:00am to 6:30pm
 - Sat.- Sun.: 9:30am to 1:00pm
- 3457 Kingsway, Vancouver, BC V5R 5L5

- Phone Lines: 24/7

Office will be closed on statutory holidays.

Farewell from Operating Committee Chair:

Our program of Alcoholics Anonymous continues to amaze me. There has been so much that I have been able to experience since joining. Before coming to the Fellowship I had never taken part in a Committee, and if you had told me early on that I would be chairing one, I would have run the other way! I have often heard in the rooms that we are presented with only that with which we are able to handle, and so began my journey as alternate Intergroup rep (whatever that was!)

I vaguely remember my first Intergroup meeting: showed up early for orientation, understood nothing; headed upstairs for the main meeting, and continued to understand nothing. But soon I was Intergroup rep, then serving on Operating Committee, and eventually rotating to the Executive. All the while feeling unqualified and the wrong choice for each new “suggested” service position. However, almost without fail, as soon as I began to feel comfortable and confident, it was time to rotate out!

Over the past year I have had the opportunity to meet all kinds of wonderful people who I otherwise would not have. A lot of the time my instincts suggested I stay home and not get involved. I am very grateful to Intergroup for allowing me to be the Chair of Operating Committee and providing me with the chance to stay in the middle for a while.

I wish the new Intergroup members and Operating Committee all the best in the upcoming year. You will see me floating around Central Office occasionally as I remain on the Finance Committee. I look forward to whatever is in store in the future, and I hope to see some of you along the way.

Yours in service, Jon H



Intergroup Meeting:

- Orientation for new Reps at 7:00pm .
 - Intergroup meeting at 7:30pm.
- 3022 E 49th Ave, Vancouver, BC V5S 1K9
- Next meeting: **March 19, 2019**

All members are welcome!

Intergroup Page: Unity, Service, & Recovery

Gratitude:

- That everyone is welcome in AA.
- For the kind member or members who installed the safety bars in the washrooms at Central Office.
- For the member who purchased the safety bars for the washrooms at Central Office.
- To the members who are always available on short notice for a telephone shift.
- To the Groups and Members who hold phone shifts.
- A special mention of gratitude to the out-going members of the 2018-2019 Operating Committee - you served Central Office with dignity and tirelessly.

New Intergroup Reps:

Come to the orientation meeting at 7pm prior to the regular Intergroup Meeting. At the meeting we will attempt to answer all your questions. Please introduce yourself to the Operating committee members. We want to meet you.

Traditions:

Discussion questions:

Is there some kind of alcoholic whom I privately do not want in my AA group? Do I set myself up as a judge of whether a newcomer is sincere or phony?

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Sub-Committees:

The purpose of every outreach subcommittee is to assist the Intergroup Committee in carrying out the primary purpose of Alcoholics Anonymous as expressed in Tradition 5. Each outreach subcommittee is therefore assigned a particular area of responsibility.

Reprinted from Intergroup Operating Procedures and Guidelines 2018 with permission.

Accessibility:

Needs a Chair person!! We meet every 1st Thursday at 6:45pm at CO. Experience is not required; willingness is. The committee is responsible to explore, develop and offer resources, including literature, to make the A.A. message and participation in A.A. available to anyone with special needs. Call CO, drop in or email: staff@vancouveraa.ca or accessibilities@vancouveraa.ca

Phone Room Stats:

	FEB	JAN	DEC
12 th Step Calls	47	42	64
Al-Anon	5	9	6
Answering Service	214	257	132
General	599	757	771
Total Calls	865	1,065	973

Sub-Committees: continued

Co-operation with Professional Community:

John T. is our chairperson. We meet every 3rd Thursday at 7:00pm at CO with Hospitals. We need members to help us do twelve step work. Call CO, drop in or email: cpc@vancouveraa.ca if you are interested.

Corrections:

Welcomes Brent N as our new chairperson. We meet every 1st Wednesday of the month at 7:00pm at CO. Experience as an inmate is not required, sobriety is. The chairperson deals directly with institution staff and personnel who are responsible for the alcoholic. They also facilitate clearance for members to attend meetings.

Call CO, drop in or email corrections@vancouveraa.ca if your are interested.

Detox:

Serena J is our chairperson. We meet every 2nd Saturday at 10:00am followed at 11:00am with a workshop to assist members in doing detox twelve step work. Welcome Serena! Come help her out by joining her committee.

Call CO, drop in or email: detox@vancouveraa.ca if your are interested

Hospitals:

Still needs a chairperson!! We meet every 3rd Thursday at 7:00pm at CO with CPC. The committee is responsible to ensure the A.A. message is carried in the form of meetings and/or panel discussions in those hospital wishing to have such meetings.

Call CO, drop in or email: hospitals@vancouveraa.ca

Public Information:

Eddy is our chairperson. We meet every 4th Wednesday at 7:00pm. We are always looking for new members.

Call CO, drop in or email: staff@vancouveraa.ca

Telephone:

Tara is our chairperson. We meet every 3rd Saturday at 11:00am. All group telephone reps are encouraged to attend. At 10:00am we have the telephone workshop for new members who want to do the phones at CO.

Call CO, drop in or email: telephones@vancouveraa.ca

Want to volunteer for a 4 hour phone shift? Call CO or email staff@vancouveraa.ca

Treatment:

We meet every 2nd Saturday at 10:00am. It is suggested that members come to our meeting and share their experience, strength and hope with treatment committee.

Call CO, drop in or email: treatment@vancouveraa.ca

All subcommittees meet at Central Office.

Need more information about service positions?

Call 604-434-3933, email: staff@vancouveraa.ca or come by CO at 3457 Kingsway, Vancouver — you are always welcome!

Thank you to everyone who does Service!

Directory Updates March 2019

For a complete listing, check: www.vancouveraa.ca under meetings

New Meetings:

Sunday: “The ‘not so’ Secret Society of Sobriety”, Front door entrance and then to the right. George Mackie Library, 8440 112 St. Delta –noon
Tuesday: “Cornerstone Restoration” Easy Does It Club, 7277 King George Blvd., Surrey –7:00 pm
Friday: “St. David’s Step”, church, 1525 Taylor Way, West Vancouver –noon, upstairs in the music room

Meeting Changes:

Sunday: “Because We Care” Central City Lodge, *new location* Holy Rosary Cathedral, 650 Richards St. upstairs in room #2, Vancouver -6:00 pm
Monday-Friday: “Sunrise Serenity” *back to old time* Waves Café, 715 Columbia St., New Westminster-8:00 am. Saturday & Sunday still at 9:30 am
Monday: “Skeena House” *new name* “Fireside Group” 3475 E. Hastings St., Vancouver –8:00 pm
Monday: “Monday Night Live” *new location* church, 1155 Thurlow St., 3rd floor boardroom, enter from Pendrell St., Vancouver –7:30 pm
Tuesday: “Burnaby 12X12” *new time*, Burnaby Fellowship, 7638 6th St., was at 7:00 pm, Burnaby -6:00 pm
Thursday: “Participation” *new time* 7025 Granville St., Vancouver—now 8:00 pm
Thursday: “Thursday Night Live” *new time* 5135 Sperling Ave., Burnaby –now 7:30 pm
Thursday: “A New Happiness” *new time* 1499 Laurier St., Vancouver – now 7:30 pm
Saturday: “Saturday Night Speaker” *re-instated* 5400 River Road, Richmond –9:30 pm
Saturday: “Burnaby New Life” *new location* 4908 Hastings St. Burnaby –7:00 pm
Saturday: “Last Chance” *location details* 6040 Iona Dr. Side Door, Vancouver –7:00 pm
Saturday: “Page 13” *location details* 6858 Fraser St. Entrance on 52 Ave. Vancouver –7:30 pm

Discontinued Meetings:

Saturday: “Mission” Central City Lodge, 415 West Pender St., Vancouver –9:00 am
Sunday: “Three Legacies” Burnaby Fellowship Club, 7638 6th St., Burnaby –6:00 pm
Thursday: “Heart to Heart”, 10177 - 148th St. Surrey –8:00 pm

Group Corner:

Over The Hill Group in White Rock

This cozy little meeting in White Rock needs support. This group was originally started to support a couple of AA residents at the Concord Retirement Home in the basement.

One member has passed, Newton Bill with 64 years. There is still one resident there in AA.

The meeting room has comfy couches and a fireplace, coffee and tea and a comfortable intimate feel. Please join us for this open, informal meeting! We just share what’s in our hearts that day.

Over the Hill
Saturdays at 6:30 pm
Concord Retirement Home *in the basement*
15869 Pacific Ave.
White Rock



Updating Directories:

The **Spring 2019: Meeting Directory** is in the planning phase.

Changes can be made by filling out the [Group Information and Newsletter Submissions form](#) at vancouveraa.ca, by emailing or scanning it, or our preferred way, you bring it to Central Office. We would love to have you visit - both the staff and the telephone volunteers. We will even take your information via telephone call. Please ask for a staff member when doing that.

This is a perfect time to consider reviewing your group’s twelve step list.

We need the changes or additions to the **Spring 2019: Meeting Directory** no later than **March 31, 2019**.

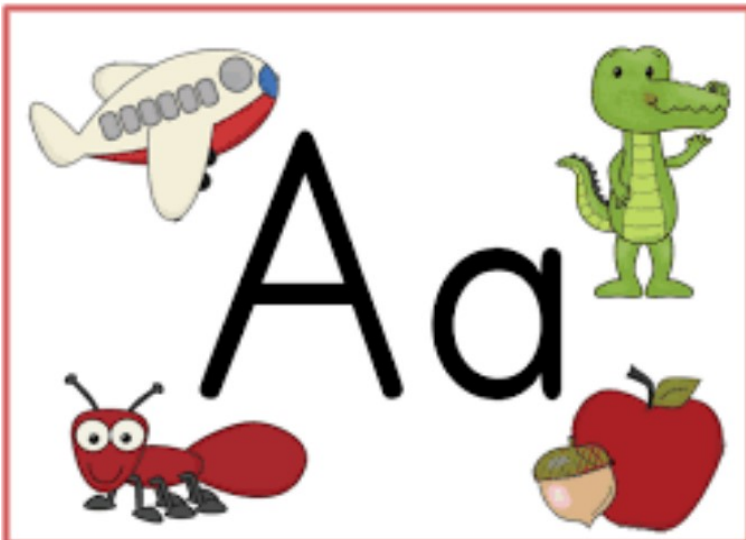
If you can please also take the time to find your group on the website and make sure it is up-to-date and correct. Think of it as a Spring clean up of sorts . . .

Upcoming Events

For a complete listing, check: www.vancouveraa.ca under events

Events:

- Sober Mela** March 2, Dhaliwal Banquet Hall, #230 - 8166 128 St. Surrey. Tickets \$30
- Burnaby Roundup** March 9, Operating Engineers Hall, 4333 Ledger St., Burnaby Tickets:\$15 For more info go to: <http://www.vancouveraa.ca>
- Soberfest** March 9. St. Pat's Church Auditorium, 22589—121 Ave., Maple Ridge. Tickets \$25
- Burnaby Lochdale 65th Anniversary** March 14th. 1600 Cliff Ave., Burnaby –8:00 pm
- Upper Fraser Valley Corrections Roundup** Mar 23, panels, speakers, dinner. \$15. Level Ground Church, 31216 King Rd., Abbotsford **SOLD OUT**
- North Shore Roundup** Apr. 19-21, Vancouver Convention Centre, East 999 Canada Place. Vancouver – tickets available at Central Office. Tickets: \$45
- Geezer/Geezerette Meeting** April 26, Potluck, fun, fellowship.3151 York St. Port Coquitlam –8:00 pm
- One Day In May** May 11, one day roundup, 11am-11pm St Mary's Ukrainian Hall, 3150 Ash St., Van Tickets:\$10
- Kamloops Roundup** May 17-19, Heffley Hall, 6955 Old Hwy. 5, Kamloops Tickets: \$15 roundup and dance / \$40 dinner, roundup and dance
kamloopsroundup@gmail.com
- Lytton AA Roundup** May 31—June 2. Memorial Hall, Speaker, open meeting, door prizes, countdown, Break-



Birthday Contributions:

Jonathan H. 4 years
Gail C. 35 years
Lucie 41 years
Tom T. 44 years



Next Newsletter Deadlines:

March 14 (for April) April 11 (for May)

Area Happenings:

BC/Yukon Area 79 Pre-Conference Assembly
April 12-14, 2019. Nanaimo, BC

BC/Yukon Area 79 July Quarterly July 5-7, 2019
Surrey, White Rock or Langley, BC

Intergroup Events/ Meetings:

Sponsorship Breakfast: Sept 28, 2019. St. Mary's Ukrainian Church Hall, 3150 Ash St., Vancouver –10 am. Tickets are \$20 for more information:

<http://www.vancouveraa.ca>

Sub-Committees Meeting Dates:

2019	Mar	Apr
Accessibilities @ 6:45pm	7th	4th
Corrections @ 7:00pm	6th	3rd
C.P.C. @ 7:00pm	21st	18th
Detox @ 10:00am Workshop @ 11am	9th	13th
Hospitals @ 7:00pm	21st	18th
Intergroup Meeting @ 7:00pm	19th	16th
Public Information @ 7:00pm	27th	24th
Telephone @11 am Workshop 10am	16th	20th
Treatment @ 10:00am	9th	13th

In Memoriam Contributions:

In memory of Blaize G. of New Westminster.