February 2019 Greater Vancouver Intergroup Monthly A.A. Newsletter



TRADITION TWO:

For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

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Leadership in A.A.: Ever a Vital Need

(Excerpts from Bill W.'s article in the April 1959 Grapevine. See Concept IX, page 36 of "Twelve Concepts for World Service" for the full article)

Somewhere in our literature there is a statement to this effect: "Our leaders do not drive by mandate: they lead by example." In effect, we are saying to them, "Act for us, but don't boss us."... Therefore, a leader in A.A. service is a man (or woman) who can personally put principles, plans, and policies into such dedicated and effective action that the rest of us want to back him up and help him with his job. When a leader power-drives us badly, we rebel; but when he too meekly becomes an order-taker and he exercises no judgment of his own — well, he really isn't a leader at all.... Good leadership originates plans, policies, and ideas for the improvement of our Fellowship and its service. But in new and important matters, it will nevertheless consult widely before taking decisions and actions. Good leadership will also remember that a fine plan or idea can come from anybody, anywhere. Consequently, good leadership will often discard its own cherished plans for others that are better, and it will give credit to the source.... Good leadership never passes the buck. Once assured that it has, or can obtain, sufficient general backing, it freely takes decisions and puts them into action forthwith, provided, of course, that such action be within the framework of its defined authority and responsibility.... Another qualification for leadership is give-and-take, the ability to compromise cheerfully whenever a proper compromise can cause a situation to progress in what appears to be the right direction. Compromise comes hard to us all-or nothing drunks.

Central Office Hours:

• Mon.- Fri.: 8:00am to 6:30pm

• Sat.- Sun.: 9:30am to 1:00pm

3457 Kingsway, Vancouver, BC, V5R 5L5

• Phone Lines: 24/7

Office will be closed on statutory holidays.

Nevertheless, we must never lose sight of the fact that progress is nearly always characterized by a series of improving compromises. We cannot, however, compromise always. Now and then, it is truly necessary to stick flat-footed to one's conviction about an issue until it is settled. These are situations for keen timing and careful discrimination as to which course to take.... Leadership is often called upon to face heavy and sometimes long-continued criticism. This is an acid test. There are always the constructive critics, our friends indeed. We ought never fail to give them a careful hearing. We should be willing to let them modify our opinions or change them completely. Often, too, we shall have to disagree and then stand fast without losing their friendship.

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A Call To Action at February's Intergroup:

At the Intergroup meeting on Tuesday, February 15th, 2019, attending Intergroup Representatives (IR) will select the 2019 - 2020 Operating Committee (OC) chair and 6 new members for the Committee. Your group should be represented at this election. Current and past IRs are eligible candidates for the Operating Committee.

A member who wishes to stand for Operating Committee should come prepared to give a brief A.A. service resume.

An Alcoholics Anonymous service resume usually includes: sobriety date, Home group name, description of past and present A.A. service and a little about the candidate.

The candidates for OC member should be prepared to attend minimum 3 service meetings a month. These include but are not limited to: monthly OC meeting, monthly Intergroup meeting and an Intergroup subcommittee monthly meeting.



Intergroup Meeting:

- Orientation for new Reps at 7:00pm
- Intergroup meeting at 7:30pm

3022 E 49th Ave, Vancouver, BC V5S 1K9

• Next meeting: February 19th, 2019

All members are welcome!

Tel: (604) 434•3933 Email: staff@vancouveraa.ca Web: vancouveraa.ca

Intergroup Page: Unity, Service, & Recovery

Call to Action CPC Committee:

CPC or better known as Cooperation with the Professional Community subcommittee needs a secretary! They have fa new meeting day and time! Every third Thursday at 7:00 pm.

The CPC committee has plans to get more online access with CPC/Hospital meetings - sharing: experience, strengths and hope on how to meet the primary purpose!



Traditions:

Discussion question:

Although I have been sober a few years, am I still willing to serve my turn at AA chores?

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Sub-Committees:

The purpose of every outreach subcommittee is to assist the Intergroup Committee in carrying out the primary purpose of Alcoholics Anonymous as expressed in Tradition 5. Each outreach subcommittee is therefore assigned a particular area of responsibility.

Reprinted from Intergroup Operating Procedures and Guidelines 2018 with permission.

Accessibility:

Needs a Chair person!! We meet every 1st Thursday at 6:45pm at CO. Experience is not required; willingness is. The committee is responsible to explore, develop and offer resources, including literature, to make the A.A. message and participation in A.A. available to anyone with special needs. Call CO, drop in or email: staff@vancouveraa.ca or accessibilities@vancouveraa.ca

Phone Room Stats:

| | Dec | Nov | Oct |
|-----------------------------|-----|-----|-------|
| 12 th Step Calls | 64 | 34 | 38 |
| Al-Anon | 6 | 10 | 5 |
| Answering Service | 132 | 140 | 243 |
| General | 771 | 623 | 717 |
| Total Calls | 973 | 807 | 1,003 |

Sub-Committees: continued

Co-operation with Professional Community:

We meet every 3rd Thursday at 7:00pm at CO with Hospitals. We need members to help us do twelve step work. Call CO, drop in or email: cpc@vancouveraa.ca if your are interested.

Corrections:

Needs a Chair person!! We meet every 1st Wednesday of the month at 7:00pm at CO. Experience as an inmate is not required, sobriety is. The chairperson deals directly with institution staff and personnel who are responsible for the alcoholic. They also facilitate clearance for members to attend meetings.

Call CO, drop in or email <u>corrections@vancouveraa.ca</u> if your are interested.

Detox:

We meet every 2nd Saturday at 10:00am followed at 11:00am with a workshop to assist members in doing detox twelve step work. Serena J has stepped up as our new Chairperson. Welcome Serena! Come help her out by joining her committee.

Call CO, drop in or email: <u>detox@vancouveraa.ca</u> if your are interested

Hospitals:

Needs a Chair person!! We meet every 3rd Thursday at 7:00pm at CO with CPC. The committee is responsible to ensure the A.A. message is carried in the form of meetings and/or panel discussions in those hospital wishing to have such meetings.

Call CO, drop in or email: hospitals@vancouveraa.ca

Public Information:

We meet every 4th Wednesday at 7:00pm. We are always looking for new members.

Call CO, drop in or email: staff@vancouveraa.ca

Telephone:

We meet every 3rd Saturday at 11:00am. All group telephone reps are encouraged to attend. At 10:00am we have the telephone workshop for new members who want to do the phones at CO.

Call CO, drop in or email: <u>telephones@vancouveraa.ca</u>
Want to volunteer for a 4 hour phone shift? Call CO or email staff@vancouveraa.ca

Treatment:

We meet every 2nd Saturday at 10:00am. Quite a few service opportunities available to attend facilities, but need more participation from members to fill the needs. Call CO, drop in or email: treatment@vancouveraa.ca

All subcommittees meet at Central Office.

Need more information about service positions? Call 604-434-3933, email: staff@vancouveraa.ca or come by CO at 3457 Kingsway, Vancouver — you are always welcome!

Thank you to everyone who does Service!

Directory Updates February 2019

For a complete listing, check: www.vancouveraa.ca under meetings

New Meetings:

Tuesday: "Women's Candlelight Closed" One Way Club, 22270 North Ave., Maple Ridge –7:00 pm **Tuesday**: "Cornerstone Restoration" Easy Does It Club, 7277 King George Blvd., Surrey –7:00 pm

Meeting Changes:

Monday-Friday: "Sunrise Serenity" <u>back to old time</u> Waves Café, 715 Columbia St., New Westminster—8:00 am. Saturday & Sunday still at 9:30 am

Monday: "Monday Night Live" *new location* church, 1155 Thurlow St., 3rd floor boardroom,

enter from Pendrell St., Vancouver -7:30 pm

Monday: "No Bull" <u>temporarily moved</u> from the Princeton Grill @ 12:15 pm. Call Central Office for new location details. 604-434-3933

Tuesday: "First Things First" <u>new room</u> now Conference room 9, level 1, St Paul's Hospital 1080 Burrard St., Vancouver –7:30 pm **Tuesday**: "Burnaby 12X12" <u>new time</u>,

Burnaby Fellowship, 7638 6th St., was at 7:00 pm,

Burnaby -6:00 pm

Thursday: "Participation" new time

7025 Granville St., Vancouver—now 8:00 pm **Thursday**: "Thursday Night Live" *new time* 5135 Sperling Ave., Burnaby –now 7:30 pm **Thursday**: "A New Happiness" *new time* 1499 Laurier St., Vancouver – now 7:30 pm

Discontinued Meetings:

Mon, Tue, Wed: "Grupo Renacimiento" 230 Gore Ave., Vancouver –7:00 pm Still active on Friday and Saturday.

Thursday: "Good Council" 10504-139th St.

Surrey –8:00 pm

Saturday: "Saturday Night Speaker" 5400 River Road,

Richmond –9:30 pm



Group Corner:

Saturday Morning Dilemma Group

meets every Saturday morning at 10 am at the Vancouver Alano Club. 1525 W. 7th Ave., Vancouver, upstairs. We are an open, share from the podium, discussion meeting and there is no pressure to share if you would like to just listen. We have a group phone shift and we bring a panel meeting to Vancouver Detox every other Friday.

This is a happy, thriving group. You are greeted at the door welcoming you to the meeting. There is a friendly buzz to the room as fellow members catch up with one another and introduce themselves to any newcomers or those who might be sitting alone.

Like sobriety, this group has its' ups and downs. Earlier last year, some members moved away and our attendance and enthusiasm started to dwindle. We struggled to even pay our rent. Morale even faded a bit.

But we have rebounded and are stronger than ever with new members taking on service positions and we are always there to support the newcomer. A friend visited our group (she is a long time member that moved to White Rock) and she commented on how many women introduced themselves to her as she was sitting by herself before the meeting and how it made her feel included.

Yes, like our sobriety, there is an ebb and flow to our growth. So, now that you're not nursing a hangover on Saturday mornings, how about joining us at the Dilemma Group! All are welcome.

Suggestions Re Group Stuff:

Did you know that if you are your group's phone rep, you are a member of the Telephone Committee and are encouraged to attend their meeting. It conveniently follows the Telephone Workshop at 10 am on the 3rd Saturday of each month. The next one falls on February 16th. Your group conscience can be heard through you regarding anything to do with the phones. How they could operate better, or any new suggestions. Invite members of your group to attend the Workshop; that way they can be more willing to volunteer and answer the phones with confidence.

Alcohol isn't the answer.
It only makes us forget the problem.
- anonymous



Upcoming Events

For a complete listing, check: www.vancouveraa.ca under events

Events:

Nanaimo AA Rally Jan 25-27. Beban Rec. Centre, 2300 Bowen Rd., Nanaimo, http://nanaimoaarally.com.

District 43 Gratitude Day Feb. 2. Tickets \$20. George Preston Rec. Centre. 20699 - 42 Ave., Langley

Heart to Heart Feb. 16, Fleetwood Community Centre, 15996-84 Ave., Surrey

Sober Mela March 2, Dhaliwal Banquet Hall, #230 - 8166 128 St. Surrey. Tickets \$30

Sobefest March 9. St. Pat's Church Auditorium, 22589—121 Ave., Maple Ridge. Tickets \$25

Upper Fraser Valley Corrections Roundup Mar 23, panels, speakers, dinner. \$15. Level Ground Church, 31216 King Rd., Abbotsford

North Shore Roundup Apr. 19-21, Vancouver Convention Centre, East 999 Canada Place. Vancouver – tickets available at Central Office.

Lytton AA Roundup May 31—June 2. Memorial Hall, Speaker, open meeting, door prizes, countdown, Breakfast & Dessert meetings. Tickets \$20 pdc4@live.com

Area Happenings:

Quarterlies & Assemblies: January Quarterly: Jan. 11th thru 12th, 2019 — Evergreen Hall, 9291 Corbould Street, Chilliwack, BC.

Western Regional A.A. Service Assembly: WRAASA: Feb. 22nd thru 24th, 2019 — Coast Capri Hotel, 1171 Harvey Street, Kelowna, BC.

Intergroup Events/ Meetings:

Intergroup Annual Meeting: Tuesday, February 19th, at 7:30 pm., 3022 East 49th Ave., rear entrance. Election of Intergroup officers will occur and six members of the Operating Committee.

Sponsorship Breakfast: Sept 28, 2019. St. Mary's Ukrainian Church Hall, 3150 Ash St., Vancouver –10 am. Tickets are \$20 for more information:

http://www.vancouveraa.ca/

Birthday Contributions:

We celebrate your sobriety!

Members often contribute \$1.00 a year for each year of sobriety.

Then we announce it here.



Next Newsletter Deadlines:

February 14 (for March)

March 14 (for April)



Sub-Committees Meeting Dates:

| 2019 | Feb | Mar |
|---------------------------------|------|------|
| Accessibilities @ 6:45pm | 7th | 7th |
| Corrections @ 7:00pm | 6th | 6th |
| C.P.C. @ 7:00pm | 21st | 21st |
| Detox @ 10:00am Workshop @ 11am | 9th | 9th |
| Hospitals @ 7:00pm | 21st | 21st |
| Intergroup Meeting @ 7:00pm | 19th | 19th |
| Public Information @ 7:00pm | 27th | 27th |
| Telephone @11am Workshop 10am | 16th | 16th |
| Treatment @ 10:00am | 9th | 9th |

In Memoriam Contributions:

Bequest in wills are acceptable only from A.A. members, with a maximum of \$5,00 from any one person, and only on a one-time basis—not in perpetuity. This is for both AAWS and GVIS.

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