

GREATER VANCOUVER INTERGROUP SOCIETY

PASS IT ON

A.A. Newsletter

October 2018

Love of Service

If you listen to Dr Bob's last talk you will hear that our work in Alcoholics Anonymous boils down to 2 things. Love and Service. Most of us know or remember what Love is and we think we know what Service is - but do we?

In Alcoholics Anonymous, Service takes on a meaning well beyond the usual superficial definition. For many it is the core of recovery and the part that helps make us "part of" in this fellowship.

Aside from the Service of one drunk helping another, for which our entire program is all about, Service, for the most part, is very simple and at the group level. Service to our group endears us to feel part of the group. Whether on coffee duty, Group Service Rep (GSR), Intergroup Rep (IR), setting up chairs, Group Treasurer or in charge of literature, the feeling we get from these actions, make us feel like we belong. It is empowering for us and it is a big part of why we do it.

From the group there are two avenues of service in Alcoholics Anonymous. Intergroup, for those locations that have such a thing, and General Service. Both these service branches operate very similarly. Generally they are setup to provide support to those who are performing 12 Step work in the field or community. Together they provide a host of services to both individuals and AA Groups. When involved in service at this level each volunteer is endowed with a specific service responsibility as laid out in its service job description. As per our 10th concept for World Service such responsibility must be accompanied by an equal authority otherwise we cannot properly accomplish the task set before us. The remaining concepts provide or guarantee many things that allow us to become trusted servants. We chose properly qualified individuals to do specific jobs. Think for example of the charismatic person who does really well talking to newcomers but cannot balance a checkbook. At this time this person probably should not serve as treasurer. Similarly some treasurers should not be talking to new people they are simply not good at it.

District 32, Burnaby South, which is part of the general service structure, is having their biannual elections of trusted servants **October 21st at 1pm** at the District meeting held at the Vancouver Intergroup office. These elections will vote in a new DCM, Alt DCM, Treasurer and Secretary for the two years starting in January 2019. Currently there is no clear candidate to fill the position of DCM for this district and since this is the leadership role in the district it is sorely needed that AA members step up to the plate and see to it that this position is filled with the best possible candidate. If you are a member of District 32, with some GSR experience, who has not been the DCM of this district (spirit of rotation) you are welcome to come stand for the position. Although district service does not move mountains it can be a very exciting role in Alcoholics Anonymous. As a member of the District committee you can help facilitate functional activities in the district that help provide newcomers with another reason to stay sober.

One such event was a district BBQ held this summer and we are now looking at putting on a Bowling day in December. The entire purpose of these events is to come together as a district in fellowship and have some fun.

Be a part of it, It is so rewarding and you will not regret it

Yours in Love and Service— DCM District 32

Office Hours of Operation

Mon - Fri.....8:00 am to 6:30 pm

Saturday & Sunday.....9:30 am to 1:00 pm

Central Office will be closed on Oct. 8th for Thanksgiving

3457 Kingsway, Vancouver, B.C. V5R 5L5

Phone 604-434-3933 or Email: staff@vancouveraa.ca

INTERGROUP CORNER

Unity*Recovery*Service

staff@vancouveraa.ca

6:30 Serenity Group

Thursday's @ 6:30 pm
8060 No 1 Rd, Richmond, V7C 5V1

Five years ago, some members of a women's step group wanted to stay together forever so they started a meeting at the Gilmore Park United Church. Keeping with Tradition 4, 6:30 pm was chosen to not take members from other meetings in Richmond. We wanted to focus on AA Conference Approved Literature so meeting attendees choose a reading from our literature selection every week, this month we are reading from the 12X12. Our meetings are fully accessible with undercover parking and our greeters welcome each member as they walk in the room; all are welcome!!!! Being a smaller group, we are able to rotate some of our service positions monthly and encourage all members to participate in service within their home group. We recently started a phone shift at Central Office and elected a Liaison to attend our monthly Public Information Committee meetings at the District Level. We are a group of people who love Alcoholics Anonymous and are grateful everyday for the gifts of sobriety.

"The moment this 12th step work forms a group, another discovery is made - that most individuals can not recover unless there is a group."

Page 130, *12 Steps and 12 Traditions* – Reprinted with the permission of A.A. World Services, Inc.

Group Corner

We've run out of stories! Tell the Greater Vancouver AA fellowship what is special and/or unique about your group.

Email: Staff@vancouveraa.ca

Meeting Directory News

Please confirm your group listings. We publish twice a year and the deadline for Fall 2018 is

October 1, 2018 !!

Find *Group Information Update* form

www.vancouveraa.ca

Or come into the office and tell us.

SERVICE OPPORTUNITIES

Accessibility Committee:

- Please learn about accessibility committee and have the conversation with your group and with other members. We will all potentially need the services of the Accessibility Committee one day!!
- Volunteers spots are available to man a booth at the Vancouver Roundup—orientation provided.

accessibilities@vancouveraa.ca or call Central Office.

Cooperation with the Professional Community Committee:

- Is in need of Members. Contact Central Office or just show up at the monthly meeting, the 1st Tuesday of the month

This committee develops and carries out plans to carry the A.A. message to various professional people such as Doctors, Nurses, Lawyers, and Social Workers. It works in the spirit of cooperation without affiliation.

Corrections Facilities Committee:

- Is in need of a Chairperson. Suggested sobriety is one year, and service as an voting member with a voice of Intergroup.

The Corrections Chairperson facilitates carrying the message into Provincial facilities.

corrections@vancouveraa.ca or call Central Office.

Detox Committee:

- Looking for a Treatment Vice-Chair.
- Cooperate with detox centres in providing assistance and service in accordance with the primary purpose and traditions of A.A.

detox@vancouveraa.ca or call Central Office.

Hospitals Committee:

- Is in need of a Chairperson. Suggested sobriety is one year, and service as an voting member with a voice of Intergroup.

This committee is responsible for supplying Chairpersons, Speakers, and literature to hospitals.

Call Central Office if you are interested!

Public Information Committee:

When anyone comes to intergroup PI, we will direct them to the nearest active public information committee, and continue to empower the active districts

Telephone Committee:

- Groups and individuals to volunteer for phone shifts

telephones@vancouveraa.ca or call Central Office.

Treatment Facilities Committee:

- Find a permanent Treatment Subcommittee Vice-Chair.
- The Treatment Facilities Subcommittee encourages all Treatment Meeting Chairs to come to the Subcommittee Meetings and provide any feedback.
- Any help gathering information to update and/or confirm the current list of Treatment meetings and contacts is welcome.

treatment@vancouveraa.ca or call Central Office.

DIRECTORY UPDATES October 2018

For a complete listing, check the website: www.vancouveraa.ca

New Meetings

Monday: "Monday Night Meditation" Holy Trinity Anglican Church, 3rd floor, 1440 W. 12 Ave., Vancouver –7:00 pm

Tuesday: "Women's Closed" One Way Club, 22270 North Ave., Maple Ridge –7:00 pm

Wednesday: "Circle of Life" 6404 Wellington Ave West Vancouver –8:00 pm

Wednesday: "Experience, Strength & Hope" 1469 George St., White Rock-7:00 pm

Saturday: "HALT Speakers", One Way Club, 22270 North Ave., Maple Ridge –5:30 pm

Saturday: "Page 13" 6858 Fraser St. Starts Oct 6th. Vancouver –7:30 pm

Meeting Deletions

Wednesday: "Roses AA" Kekinow Housing, 14145 - 103 Ave., Surrey –noon

Wednesday: "Royal Oak" meeting reinstated, 4812 Willingdon Ave., Burnaby –7:30 pm

Meeting Changes

Sunday: "Aloha Spirit" new location for Winter John Lawson Park, 750-17th St. In the Gazebo. West Van. –8:00 am

Monday: "Frantic Serenity" new location 2643 - 128th St. Surrey –7:30 pm

Monday: "Experience, Strength & Hope" new time 1469 George St., White Rock –now 4:30 pm

Monday: "Horseshoe Bay Men's" new location 6422 Bay St., West Vancouver –9:00 pm

Tuesday: "Bear Creek No Smoke" back to the Bear Creek Pavillion, 13750 -88th Ave., Surrey –8:00 pm

Tuesday: "Denman" & "Denman Beginner's" new location 1155 Thurlow St. @ Pendrell Vancouver –8:00 & 7:00 pm respectively

Tuesday: "12X12" new name & time was 6 pm, Now "Burnaby 12X12" at Burnaby Fellowship, 7638 -6th St., Burnaby –7:00 pm

Wednesday: "Lunch With Bill" new location Princeton Grill, 1901 Powell St., Vancouver –12:15 pm

Wednesday: "Super Steps" new format is now a closed meeting, 715 Columbia St., New Westminster –6:00 pm

Friday: "Friends of Dr. Bob" new location as of Oct 5th ABC Restaurant, 100 Schoolhouse St. Coquitlam—12:15 pm

Saturday: "Breakfast with Bill" minimum is now \$8.50 for breakfast. Evelyn's Coffee Shop, 2176 W Broadway, Vancouver –8:30 am



BIRTHDAY CONTRIBUTIONS

We celebrate your sobriety!

Members often contribute \$1.00 a year for each year of sobriety. Then we announce it here.

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	

NOVEMBER NEWSLETTER SUBMISSIONS

Deadline is October 11th

Share your Experience, Strength & Hope with a story about your journey in sobriety.

UPCOMING EVENTS

Check the website for posters: www.vancouveraa.ca; For out of Area go to: www.aa.org and open Box 459.

TAKE YOUR SPONSOR TO BREAKFAST Sept 29th, 15th & Ash, Vancouver.

WILLINGDON HEIGHTS AA/AL-ANON ANNIVERSARY CELEBRATION Oct 15, meeting @ 8:00 pm. Potluck to follow. 4304 Parker St. Burnaby

CORRECTIONS ROUNDUP Oct. 20th. 34th annual Operating Engineer's Hall, 4333 Ledger Ave, Burnaby Panels, Countdown, Speakers, Dance. Tickets \$20

VANCOUVER ROUNDUP Oct 19-20, Yaletown Roundhouse. 181 Roundhouse Mews, Vancouver www.vanroundup.com

RICHMOND ROUNDUP Oct 27. Fraserview Church, 11295 Mellis Dr. Richmond

NEW WESTMINSTER 1st ROUNDUP Oct 27, Centennial Lodge in Queens Park, 103 -3rd Ave., New Westminister. 11 am -1 am. Tickets \$15

CHRISTMAS EVE MEETING Dec 24. meeting, food & fellowship. NSAC, 176 E. 2nd St. North Van -11 pm

NEW YEAR'S EVE OLDTIMERS MEETING Jan 1st. 1 pm: Fellowship, coffee & snacks. Meeting: 2-4 pm. NSAC, 176 E. 2nd St. North Van

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Area Happenings

(check www.bcyukonaa.org for details)

Western Regional A.A. Service Assembly

Feb. 22-24, 2019. Kelowna BC

<https://wraasa2019.com/>

TELEPHONE SHIFT OPPORTUNITIES

* Weekly day shift openings are ideal for those with flexible schedules.

*At your next business meeting, suggest that your group sign on for a monthly shift.

Phone Room Statistics

	August	July	June
General	736	721	692
12th Step	56	41	60
Al-Anon	14	24	5
Ans Serv	155	140	194
Total	961	926	951

SUBCOMMITTEE MEETING SCHEDULE

OCTOBER

NOVEMBER

Accessibilities: 1st Thursday, 6:45 pm

4th

1st

Cooperation with Professional Community 1st Tuesday 7:00 pm

2nd

6th

Corrections: 1st Wednesday, 7:00 pm

3rd

7th

Detox: 2nd Saturday, 10:00 am; Detox Workshop: 11:00 am

13th

10th

Finance: Thursday before Intergroup, 6:00 pm

11th

15th

Hospitals: 1st Tuesday, 7:00 p.m.

2nd

6th

Intergroup Rep Meeting 3rd Tuesday, 7:30 pm, Orientation at 7:00 pm (49th & Kerr)

16th

20th

Operating Committee: same night as Finance 7:00 pm

11th

15th

Public Information: 4th Wednesday, 7:00 pm

24th

28th

Telephone: 3rd Saturday, 11:00 am, Telephone Workshop: 10:00 am

20th

17th

Treatment: 2nd Saturday, 10:00 am

13th

10th

Subcommittee meetings are held at Central Office, 3457 Kingsway. All A.A. members are welcome.