

GREATER VANCOUVER INTERGROUP SOCIETY

PASS IT ON

A.A. Newsletter

May 2018

I'm an alcoholic, my name is Joe. C. and my sobriety date is Oct 29, 2017.

How I would like to start this off is to first clearly state that I am talking about my own personal experience with the book, the rooms, and the service of AA. I can honestly say that on October 28th, I did not want to come to AA but I asked and begged God to take away this pain of living. To take me and guide me from myself and I screamed I don't want to be alone. Shortly after I called my brother, a member off AA. I told him exactly what I had asked God for and he took me to a noon meeting. I was still a mess so I asked if we could go to another meeting. He picked me up and we went to the Alano Club. It was later that night that we went. I'll never forget: my ears were open, my mouth shut - except when the most emotional thing I had ever said came out. I never dreamt of saying I'm coming back. How powerful to say those words for me at that time. All I thought in my previous years was smashed that evening I was at ropes end. I thank the man, the responsible member of AA, that walked up to me after the meeting. He took my phone put his number in it. Then he said these very attractive words for a guy in my mental condition at the time, "when you're willing to start going through the book, give me a call". Two days later I called him. My experiences since then are beyond me. After going to meetings and continuing each day to practice these principles in all my affairs to the best of my present ability and willingness. I have an overwhelming desire to be of the utter most service to AA and the newcomer. It's has given me purpose, a sense of belonging with like minded people. We are experiencing the same results from doing what the people before us did. I get to walk shoulder to shoulder with like minded people. It seems God did hear my plea that first night. I'm not alone today; I trudge with a smile and am with these beautiful, amazing, people and a God of my understanding. Ever growing to be more effective and sober. I am always a student: willing, open, and honest to keep helping. I ask the Father of Light each morning, throughout the day and before I sleep to guide me into His will. I ask what He would have me do. I've never cried real tears in my life until after feeling the affect of being of service and studying the program. What these things have done and continue to do each day in my life are how I can say I have been transported into a new dimension of life, a life worth living.

Grateful member of AA Joseph. C - "you are not alone".

If you are feeling that way or not, come to our Home group: Fellowship of the Spirt, Sunday at 7pm for the beginners meeting and stay at 8pm for our regular meeting. We are not alone!

Office Hours of Operation

Mon - Fri.....8:00 am to 6:30 pm

Saturday & Sunday.....9:30 am to 1:00 pm

Central Office will be closed for Victoria Day, Monday May 21st

Telephones will be answered as usual.

Contact us:

3457 Kingsway, Vancouver, B.C. V5R 5L5

Phone 604-434-3933 or Email: staff@vancouveraa.ca

INTERGROUP CORNER

staff@vancouveraa.ca

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INTERGROUP CORNER

Have you heard the news? Interested members are being invited to participate in an ad hoc committee to review our telephone systems/needs as we continue to meet the needs of members and potential members in the future. If you are interested in participating with this group, email your request along with sobriety date & service history to the Operating Committee:

manager@vancouveraa.ca

Calling on volunteers to participate in planning & organizing the upcoming **Corrections Roundup**. **All AA members are most welcome to join this committee—contact staff@vancouveraa.ca or call Viki 778-859-3864.**

The call to the Membership for an Operating Committee member was answered at the April 2018 Intergroup Meeting. It is with pleasure that we welcome, Rav P. of the Bay Group to Operating Committee. We have also had a volunteer for Recording Secretary, Raman T of the Kingsway Group.

Jonathan H., Chair of the Operating Committee, is extending an invitation to all of the **Chairs of the Outreach Sub-committees** to attend the May Operating Committee meeting. May 10, 2018 at 7:15pm at Central Office.

BIRTHDAY CONTRIBUTIONS

Pat B. 6 years
Pat C. 14 years

IN MEMORIAM

Mary Y.
Ted E.
Marianne S.

Unity

Recovery

Service



Intergroup Awareness Day! 72 years of Vancouver Intergroup.

May 26, 2018 @ 2pm.
Killarney Community Lutheran Church
3022 E. 49th (near Kerr).

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|------------|--|
| 2:00- 4:00 | Meet the Outreach Sub-Committees. Find your area of service. |
| 4:00-5:00 | Panel with the new and past Central Office managers. Followed by the Area Delegates report |
| 5:30-6:30 | Meal & socialize |
| 6:30-9:30 | Jade, Area 79 Delegate, will share her story. |

Tickets \$10.00 at Central Office

DIRECTORY UPDATES May 2018

For a complete listing, check the website: www.vancouveraa.ca

New Meetings

Monday: "West End Step Discussion"
1002 -5th Ave. New Westminster –8:30 pm
Monday: "Pitt Meadows" now has a Big Book meeting.
12240 Harris Rd., Pitt Meadows –7:00 pm
Wednesday: "Super Steps" -men, Waves Café,
715 Columbia St., New Westminster –6:00 pm
Wednesday: "The Wolf Pack" FRAFC,
13639 -108 Ave., Surrey –7:00 pm
Thursday: "Bill's Book" Church,
14618 - 110 Ave., Surrey -6:30 pm
Thursday: "Tradition 3" Church,
14618 - 110 Ave., Surrey –8:00 pm
Saturday: "Hope for Freedom" Kekinow Housing,
common room 6455 -121 St. Surrey -noon
Saturday: "Meditating Friends 2" Park House,
5400 River Rd., Richmond –3:00 pm

Meeting Deletions

Sunday: "Solution Seekers" VRC, 2775 Sophia St.,
Vancouver - 12:15 pm
Monday: "The Meeting" VGH Segal Ctr. Room 326,
803 W. 12th Ave., Vancouver—7:00 pm
Tuesday "G. F. Strong" Rehab Centre, 4255 Laurel @
W. 26th, Vancouver—7:00 pm
Wednesday: "Keep It Simple" Big Book, NSAC
176 -2nd St. E., North Vancouver –5:30 pm
Wednesday: "Mandeville Marvels" Garden Works,
4746 Marine Dr., Burnaby –1:00 pm
Wednesday: "Step & Tradition" NSAC, 176 E. 2nd St.
North Vancouver –7:00 pm
Thursday: "Live & Let Live Step"
1825 W16th Ave. @ Burrard, Vancouver –6:30 pm
Friday & Saturday: "14 de Marzo" VRC,
2775 Sophia St., Vancouver –8:00 pm
Saturday: "Queers, Plain Crackpots & Fallen Women"
855 E. Hastings St. Vancouver –4:00 pm

Meeting Changes

Sunday: "Port Moody Sunday" *new location*, 2nd floor,
1160 Lansdowne Dr., Coquitlam –8:00 pm
Sunday: "220 Beginner's" *new time* 220 - 8th St. W.
North Vancouver—was 6:30, now 7:00 pm
Monday: "St. Andrew's Mens" *new location & time*
1198 Falcon Dr., Coquitlam –8:00 pm
Monday: "Strathcona Men's Step" *new time*,
3874 Trafalgar St., Vancouver –now 8:30 pm
Mon,Wed, Fri: "Experience, Strength and Hope"
Cancelled Wednesday only AND *New location*
Elk's Club Hall, 1469 George St. White Rock –5:00 pm
Wednesday: "Over the Hump" *new time* NSAC,
176 E. 2nd St., North Vancouver –now 7:00 pm

Thursday: "Cloverdale Women's Big Book" *new time* 17575-58a Ave, Surrey –now 6:00 pm
Thursday: "Strathcona Men's" *new time*,
3874 Trafalgar St., Vancouver –now 8:30 pm
Friday: "Dealing With Alcohol" *is ongoing; was accidentally removed from directories, our apologies.*
Church, 16870 80 Ave., Surrey – 8:00 pm
Saturday: "Saturday AM" *new location*, Church,
1636 Regan Ave., Coquitlam –10:00 am
The 5 groups that meet at Sunset Towers in the
Garden Room are now called "The Barclay Group"
1655 Barclay St. Vancouver –various times

SERVICE OPPORTUNITIES

Accessibility Committee: members needed to carry the message in Sign Language, to housebound or challenged physically and/or mentally, URGENTLY NEEDED members to provide rides for physically challenged members to meetings.

Cooperation with the Professional Community: Members with a good grasp of the 12 Traditions and What AA is and is Not to speak with professionals who may have alcoholics in their work day experience.

Corrections: Members to carry the message inside the provincial institutions.

Detox: Members to carry the message and provide a link to outside meetings.

Hospitals: Needs a new chair

Public Information: Members with a good grasp of the 12 Traditions to carry the message to the general public.

Treatment: needs support

Chair people are also needed for many of these committees. See the last page for times and show up! Don't shortchange yourself, get everything that is coming to you in sobriety—participate!

Bridging the Gap—shaky members/potential members needing help acclimatizing to A.A. outside treatment, detox, jail, or the hospital need your help. Call or email the office if you can be available to the office in carrying someone to the message once they've been released to the outside world.

UPCOMING EVENTS

Check the website for posters: www.vancouveraa.ca; For out of Area go to: www.aa.org and open Box 459.

TUE WEST VAN ANNIVERSARY MEETING May 1
2893 Marine Dr. West Vancouver-7:30 pm

SOBRIETY IS GOLDEN May 4-6, Golden Senior Ctr.,
1401-9th St. S., Golden goldenroundup@gmail.com

SPEAKER LUNCH ON SPONSORSHIP May 5, hosted
by West Vancouver Group, NSAC, 176 E. 2nd St.
free lunch included. West Vancouver –1-3 pm

DISTRICT 39 UNITY DAY May 5, all day event,
speakers, dinner, dance www.abbotsfordaa.org

LOUGHEED SPEAKER ANNIVERSARY May 8,
8765 Government St., Burnaby—8:00 pm

STEP SERIES May 9-30, each Wednesday for 4
weeks, see poster for details www.vancouveraa.ca

WHITE ROCK FIVER 25th ANNIVERSARY POTLUCK
May 12, 15302 Pacific Ave., White Rock-5:00 pm

COMOX VALLEY RALLY May 18-20, Florence
Filberg Centre, 411 Anderton Ave., Courtenay

KAMLOOPS ROUNDUP May 18-20, Heffley Creek
Hall, 6995 Old Hwy. 5, Kamloops

DISTRICT 1 RALLY May 25-27, 9250 Trustee Rd.,
Port Hardy. northislandrally@gmail.com

INTERGROUP AWARENESS DAY May 26, speaker,
food, ice-cream, tickets \$10 at Central Office.
Killarney Lutheran Church, 49th & Kerr.

FOUNDER'S DAY June 9, Edmonds Noon Sobriety,
12:00 noon, Potluck. Bring your old timers

STEVESTON GROUP FOUNDERS DAY June 10,
potluck at 7, mtg at 8. 3720 Broadway, Richmond

TAKE YOUR SPONSOR TO BREAKFAST September
29th, 15th & Ash, Vancouver.

CORRECTIONS ROUND UP Oct. 20, Operating Engi-
neers Hall, Burnaby—Mark your calendars!

GROUP CORNER

We've run out of stories! Tell us what is so special and/or unique about your group. Tell us why it's a great place to bring a new member or a long-timer. Give us your best sales pitch ever!

Phone Room Statistics

	March	February	January
General	2,132	692	831
12th Step	62	42	50
Al-Anon	12	9	9
Ans Serv	193	193	145
Total	2,399	936	1,035

SUBCOMMITTEE MEETING SCHEDULE

	MAY	JUNE
Cooperation with Professional Community	1st Tuesday 7:00 pm	5th
Hospitals:	1st Tuesday, 7:00 p.m.	5th
Corrections:	1st Wednesday, 7:00 pm new day	6th
Accessibilities:	1st Thursday, 6:45 pm new day & time	7th
Detox:	2nd Saturday, 10:00 am; Workshop follows at 11:00 am	9th
Finance:	Thursday before Intergroup, 6:00 pm	14th
Operating Committee:	same night as Finance 7:00 pm	14th
Intergroup	3rd Tuesday, 7:30 pm, Orientation at 7:00 pm (49th & Kerr)	19th
Treatment:	2nd Saturday, 10:00 am	9th
Telephone:	3rd Saturday, 11:00 am	16th
Workshop:	3rd Saturday, 10:00 am	16th
Public Information:	4th Wednesday, 7:00 pm	27th

Subcommittee meetings are held at Central Office, 3457 Kingsway. All A.A. members are welcome.