

GREATER VANCOUVER INTERGROUP SOCIETY

PASS IT ON

A.A. Newsletter

April 2018

AA Telephone Subcommittee

Hello fellow members of AA in the Greater Vancouver Area!

When I first found out about Alcoholics Anonymous over 7 years ago I was at a loss for how to get more information. I was in denial and didn't want to get too close to AA for fear of being "found out". What I didn't know at the time was that the Vancouver Area AA Central Office offers a 24 hour phone line that is available for anyone in need of help in regards to difficulties with alcohol.

Who are the people helping to keep this phone line available to those in desperate need? The volunteers of the Telephone Subcommittee come together and ensure that the phone lines are being answered after office hours at the Intergroup Office. Can you imagine no one being available at the other end of the line to support people seeking help? In September 2017 alone the Intergroup Central office received 1,435 calls. That's 47 calls daily on average.

The Subcommittee meets **once a month, on the third Saturday at 11am**. Each subcommittee representative from specific Home Group ensures their phone shift is covered by finding volunteers which means you are not responsible to answer the phones yourself, only get group members to sign up (though once you experience it you will want to do it!) **Phone shifts are 9am-130pm/130pm-530pm/530pm-10pm/10pm-2am**. Weekdays we only require volunteers after office hours from 530pm and on.

Are you interested in volunteering yet don't know how to do it? No problem! We also provide training for members interested in volunteering for this work **once a month, on the third Saturday at 10am**. Lastly, the subcommittee updates and maintains the Guidelines for Telephone Volunteers.

In all seriousness, we have seen a big drop in phone shifts being covered as of late. **The 10pm-2pm shift is especially in dire straits**. Service keeps me sober. It can for you too. Doing a phone shift at Centre Office is like having a 4 hour long meeting- you hang out with other members of AA, talk recovery and end up having miracle moments on the phone that leave you feeling filled with hope. I've never been to a better meeting than at my Home Group's phone shift on the 31st of the month.

Hope to see you at our next Telephone volunteer Training and/or Subcommittee meeting on February 17th.

With respect and dedication—Joëlle P., AA Queer and Trans group

Office Hours of Operation

Mon - Fri.....8:00 am to 6:30 pm

Saturday & Sunday.....9:30 am to 1:00 pm

***Central Office will be closed for Good Friday, March 30th &
Easter Sunday April 1st***

Telephones will be answered as usual.

Contact us:

3457 Kingsway, Vancouver, B.C. V5R 5L5

Phone 604-434-3933 or Email: staff@vancouveraa.ca

INTERGROUP CORNER

staff@vancouveraa.ca

3457 Kingsway, Vancouver V5R 5L5 604-434-3933

Unity

Recovery

Service

INTERGROUP CORNER

Hello Everyone! Allow me to introduce myself. My name is Colleen and I am the new Manager here at Intergroup. This is my first week and I am benefitting from having Viki show me the ropes. There are a lot of ropes! Yet it is all wonderful and challenging.

Since some of you don't know me, let me give you some of my basics. My sobriety date is April 9th, 2000. I started my sobriety in Montreal, continued it in Toronto, and have been here for the last 5 years. My homegroup is Three Legacies and we meet every Sunday night at Burnaby Fellowship Centre at 6pm. Until taking this position I was the Alt-DCM of District 32 and GSR for my group. I have a wonderful Sponsor and a strong support of people who have lots of service and recovery experience behind them. To keep me on my toes and working the Program, I have some great Sponsees.

I am looking forward to continuing the work that has always been happening here at Intergroup. I am blessed that Shelina, Linda, and Shelley are here to help me with that. As well, Viki, assures me she is just a phone call away ... for now. We have a great group of people starting on the Operating Committee. I am looking forward to see what new and exciting things we can come up with to encourage, promote and offer service opportunities at Intergroup and in Recovery as a whole.

Please come in and see me at the Intergroup Office and have coffee or tea with me. Bring me your suggestions, ideas and spirit of service. However let it be known, I will not be filling Viki's shoes. I am not her, she is unique and a gift we at Intergroup were given. I am looking forward to growing, serving and meeting you all.

Have you heard the news? Interested members are being invited to participate in an ad hoc committee to review our telephone systems/needs as we continue to meet the needs of members and potential members in the future. If you are interested in participating with this group, email your request along with sobriety date & service history to the Operating Committee:
manager@vancouveraa.ca

Calling on volunteers to participate in planning & organizing the upcoming **Corrections Roundup**. **All AA members are most welcome to join this committee—contact *staff@vancouveraa.ca*** or call Viki 778-859-3864. First planning meeting will be 7 pm, Tuesday April 17th at the office.

BIRTHDAY CONTRIBUTIONS

Shelina K. 15 years
Colleen M. 18 years

An exciting new event: The annual anniversary of the Greater Vancouver Intergroup! It all began on May 26, 1946 when a "Central Committee" was formed to address questions about A.A., extend the hand of A.A. to suffering alcoholics, distribute any written material available. Now 72 years later, planning is in the works to host a one-day event. But the planning **NEEDS YOU!** The committee will meet March 25th & April 15th at Central Office at 12:30 pm. All are welcome to join.

DIRECTORY UPDATES April 2018

For a complete listing, check the website: www.vancouveraa.ca

New Meetings

Wednesday: "Super Steps" -men, Waves Café,
715 Columbia St., New Westminster -6:00 pm

Thursday: "Bill's Book" Church,
14618 - 110 Ave., Surrey -6:30 pm

Thursday: "Tradition 3" Church,
14618 - 110 Ave., Surrey -8:00 pm

Meeting Deletions

Sunday: "Conscious Contact" 15302 Pacific Ave.
White Rock -7:00 pm

Sunday: "Solution Seekers" VRC, 2775 Sophia St.,
Vancouver - 12:15 pm

Monday: "The Meeting" VGH Segal Ctr., 803 W 12th
Ave. Rm 326, Vancouver-7:00 pm

Tuesday: "Big Book Study" 659 North Rd,
Gibsons -8:00 pm

Tuesday "G. F. Strong" Rehab Centre, 4255 Laurel @
W. 26th, Vancouver-7:00 pm

Wednesday: "Mandeville Marvels" Garden Works,
4746 Marine Dr., Burnaby -1:00 pm

Wednesday: "Step & Tradition" NSAC, 176 E. 2nd St.
North Vancouver -7:00 pm

Wednesday: "Way Out Big Book Study" VRC
2775 Sophia St., Vancouver -7:00 pm

Thursday: "Live & Let Live Step"
1825 W16th Ave. @ Burrard, Vancouver -6:30 pm

Meeting Changes

Sunday: "220 Beginner's" *new time* 220 - 8th St. W.
North Vancouver—was 6:30, now 7:00 pm

Monday: "St. Andrew's Mens" *new location & time*
1198 Falcon Dr., Coquitlam -8:00 pm

Monday: "Strathcona Men's Step" *new time*,
3874 Trafalgar St., Vancouver -now 8:30 pm

Mon.Wed. Fri: "Experience, Strength and Hope"
Cancelled Wednesday only AND *New location*
Elk's Club Hall, 1469 George St. White Rock -5:00 pm

Tuesday "Bear Creek No Smoke" *back to old location*
Bear Creek Pav., 13750-88 Ave., Surrey -8:00 pm

Wednesday: "Over the Hump" *new time* NSAC,
176 E. 2nd St., North Vancouver -now 7:00 pm

Thursday: "Cloverdale Women's Big Book" *new time*
17575-58a Ave, Surrey -now 6:00 pm

Thursday: "Strathcona Men's" *new time*,
3874 Trafalgar St., Vancouver -now 8:30 pm

Friday: "Dealing With Alcohol" *is ongoing; was acci-*
dentally removed from directories. our apologies.
Church, 16870 80 Ave., Surrey - 8:00 pm

Saturday: "Saturday AM" *new location*, Church,
1636 Regan Ave., Coquitlam -10:00 am

SUB-COMMITTEE TIME CHANGES:

Public Information, 7:00 pm, 4th Wednesday

Accessibility: 6:45 pm, 1st Thursday

Telephone 11:00 AM, 3rd Saturday

Treatment/Detox 10:00 AM, 2nd Saturday

Corrections, 7:00 pm, 1st Wednesday

Groups for the spare list to take phone shifts
URGENTLY needed.

SERVICE OPPORTUNITIES

Accessibility Committee: members needed to carry the message in Sign Language, to housebound or challenged physically and/or mentally, **URGENTLY NEEDED** members to provide rides for physically challenged members to meetings.

Cooperation with the Professional Community: Members with a good grasp of the 12 Traditions and What AA is and is Not to speak with professionals who may have alcoholics in their work day experience.

Corrections: Members to carry the message inside the provincial institutions.

Detox: Members to carry the message and provide a link to outside meetings.

Hospitals: Needs a new chair

Public Information: Members with a good grasp of the 12 Traditions to carry the message to the general public.

Treatment: Needs a new chair.

Chair people are also needed for many of these committees. See the last page for times and show up! Don't shortchange yourself, get everything that is coming to you in sobriety—participate!

Bridging the Gap—shaky members/potential members needing help acclimatizing to A.A. outside treatment, detox, jail, or the hospital need your help. Call or email the office if you can be available to the office in carrying someone to the message once they've been released to the outside world.

UPCOMING EVENTS

Check the website for posters: www.vancouveraa.ca; For out of Area go to: www.aa.org and open Box 459.

MICRO FORUM March 24, 10 am—3:30 pm, White Rock Community Ctr, 15154 Russell Ave. Info:

remotecomunities@bcyukonaa.org

LIFELINE 60th ANNIVERSARY April 19, all welcome, Fellowship & fun, 3525 W. 24th Ave., Van.—8:00 pm

GEEZER/GEEZERETTE April 20, Lutheran Church, Potluck, Finger Food, Fun, Fellowship, 3151 York St., Port Coquitlam 8:00 pm.

LOUGHEED SPEAKER ANNIVERSARY May 8, 8765 Government St., Burnaby—8:00 pm

INTERGROUP AWARENESS DAY, May 26, Killarney Lutheran Church, 49th & Kerr. Watch for details.

FOUNDER'S DAY, Edmonds Noon Sobriety, June 9th 12:00 noon, Potluck. Bring your oldtimers

TAKE YOUR SPONSOR TO BREAKFAST, September 29th, 15th & Ash, Vancouver.

CORRECTIONS ROUND UP, Oct. 20, Operating Engineers Hall, Burnaby—Mark your calendars!

Area Happenings

(check www.bcyukonaa.org for details)

PRECONFERENCE ASSEMBLY April 13-15, Kamloops

District 26 new meeting location: Oblate House, 1311 The Crescent, Vancouver, back lower door. 4th Sunday of the month at 10 am.

WESTERN CANADA REGIONAL FORUM, June 8—10, Regina, Sk. Register: aa.org

Phone Room Statistics

	February	January	December
General	692	831	837
12th Step	42	50	46
Al-Anon	9	9	4
Ans Serv	193	145	254
Total	936	1,035	1,141



SUBCOMMITTEE MEETING SCHEDULE

Cooperation with Professional Community 1st Tuesday 7:00 pm

Hospitals: 1st Tuesday, 7:00 p.m.

Corrections: 1st Wednesday, 7:00 pm **new day**

Accessibilities: 1st Thursday, 6:45 pm **new day & time**

Detox: 2nd Saturday, 10:00 am; Workshop follows at 11:00 am

Finance: Thursday before Intergroup, 6:00 pm

Operating Committee: same night as Finance 7:00 pm

Intergroup 3rd Tuesday, 7:30 pm, Orientation at 7:00 pm (49th & Kerr)

Treatment: 2nd Saturday, 10:00 am

Telephone: 3rd Saturday, 11:00 am

Workshop: 3rd Saturday, 10:00 am

Public Information: 4th Wednesday, 7:00 pm

APRIL

3rd

3rd

4th

5th

14th

12th

12th

17th

14th

21st

21st

25th

MAY

1st

1st

2nd

3rd

12th

10th

10th

15th

12th

19th

19th

23rd

Subcommittee meetings are held at Central Office, 3457 Kingsway. All A.A. members are welcome.